

SMU Jay Hammer Invitational - 4/13/2019

St. Martin's University

4/13/2019

Results

Event 2 Men 10000 Meter Run

Name	School	Finals
Finals		
1 Hamel, Eric	Western Wash	32:38.04
2 Creagan, Matthew	Western Wash	32:42.93
3 Oslin, Andrew	Saint Martin	32:49.92
4 Leonis, Nigel	Portland Sta	32:57.32
5 Perkins, Joseph	Seattle Paci	32:57.75
6 Jones, Cody	Portland Sta	33:07.98
7 Hernandez, Antonio	Unattached	35:20.67
8 Lara, Timothy	Olympic Coll	36:24.43

Event 3 Women 3000 Meter Run

Name	School	Finals
Finals		
1 Brown, Phoebe	Portland Sta	10:35.10
2 Kastama, Rachel	Seattle U.	10:35.22
3 Corrales, Lina	Unattached	11:01.56
4 Gelmini, Courtney	Seattle U.	11:05.39
5 London, Ellee	Everett CC	11:09.15
6 Schnorr, Ellie	Puget Sound	11:10.85
7 Salazar, Monica	Portland Sta	11:14.38
8 Diaz, McKenzie	Seattle Paci	11:19.45
9 Figueras, Nicky	Clark Colleg	12:20.86
10 Cendejas, Maylynn	Everett CC	12:28.54

Event 4 Men 3000 Meter Run

Name	School	Finals
Finals		
1 Monaghan, Colin	Puget Sound	8:47.32
2 Norman, Mackenzie	Unattached	8:50.27
3 Galloway, Shad	Seattle Paci	8:51.18
4 DeWitt, Cody	Puget Sound	8:53.25
5 Rae, Jason	Portland Sta	8:54.09
6 Solano, Andy	Portland Sta	8:57.38
7 Solano, Erik	Portland Sta	8:58.36
8 Boutin, Colin	Seattle Paci	8:59.55
9 Jemison, Liam	Portland Sta	9:00.90
10 Mullin Jr., Kevin	Western Wash	9:04.87
11 Mandzyuk, Tim	Everett CC	9:12.02
12 Goff, Micah	Clark Colleg	9:18.12
13 Tetreault, Matt	Puget Sound	9:22.45
14 Giday, Epheson	Seattle U.	9:24.65
15 Werth, Collin	Portland Sta	9:28.70
16 McGinty, Nathan	Everett CC	9:31.45
17 Schilter, Levi	Saint Martin	9:32.01
18 Dobkin, Finn	Puget Sound	9:41.70
19 Turner, Micah	Clark Colleg	10:30.14

Event 5 Women 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Higgins, Shannan	Seattle U.	11:58.10
2 Schaffer, Sam	Puget Sound	12:19.45

3 Park, Joan	Pacific Luth	12:19.58
4 Dagleish, Sadie	Saint Martin	13:06.91
5 MacKenzie, Lindsay	Warner Pacif	13:25.07

Event 6 Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Rapacz, Kyle	Pacific Luth	9:28.18
2 Frohock, Bo	Pacific Luth	9:36.83
3 Maier, Jonny	Pacific Luth	9:39.97
4 Pendley-Griffin, Ansel	Seattle U.	9:40.60
5 McMichael, Porter	Western Wash	9:54.19
6 Murry, Noah	Concordia (O	9:54.98
7 Crocker, Stephen	Seattle U.	10:03.70
8 De LaMelena, Miguel	Saint Martin	10:04.00
9 Kennedy, Kyle	Seattle U.	10:08.30
10 Robak, Trey	Pacific Luth	10:12.05
11 Engledow, Basil	Puget Sound	10:22.27
12 Khawaja, Abdullah	Unattached	10:28.73
13 Wisely, Cameron	Warner Pacif	10:31.79
14 Roberts, Noah	Saint Martin	10:35.92
15 Wani, Rudu	Saint Martin	10:39.70
16 Palmer, Matt	Unattached	10:40.94
17 Bourgios, Nicolas	Olympic Coll	10:43.50
18 Cirlincione, Dario	Western Wash	10:51.62
19 Vlasaty, Aidan	Green River	10:56.80
20 Cornyn, Maartin	Olympic Coll	11:03.57
21 Shields, Kobe	Green River	11:51.08

Event 7 Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Seattle Pacific	A	47.00
1) Igbonagwam, Peace	2) Bouyer, Jenna	
3) Bley, Grace	4) Stepper, Julia	
2 Pacific Lutheran	A	48.68
1) Conger, Andraya	2) Hathaway, Kelsey	
3) Forsyth, Bailey	4) Keyes, Imani	
3 Western Washington	A	48.82
1) McLean, Kelsey	2) Bradley, Hannah	
3) Smith, Savannah	4) Taylor, Jaleesa	
4 Seattle U.	A	49.20
1) Newblom, Michelle	2) Grady, Regie	
3) Mack-Wilson, Laurel	4) Moore, Michaela	
5 Saint Martin's	A	49.66
1) Hamre, Grace	2) Romain, Keshara	
3) Kendrick, Ariya	4) Nickelson, Artresa	
5) Tandecki, Taylor		
6 Green River College	A	51.32
1) Samra, Gurneet	2) Suit, Hailey	
3) Staroverova, Anastasia	4) Howery, Bryanna	
7 Puget Sound	A	52.88
1) Haskins, Naloni	2) Morton, Lura	
3) Stills, Megan	4) Hunt, Kelby	

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Event 8 Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Saint Martin's	A	42.52
1) Armstrong, Logan	2) Russell, Michael	
3) Schulz, Josh	4) Hand, Jackson	
5) Chism, Dylan		
2 Everett CC	A	42.69
1) Adekanbi, Oluwadamilol	2) Aboudou, Sadath	
3) Duncan, Kyle	4) Barlow, Langston	
3 Western Washington	A	43.10
1) Jones, Daniel	2) Burton, Mitchell	
3) Chhim, Sonny	4) Johnson, Noah	
5) Welch, Bryant		
4 Seattle U.	A	43.32
1) De Guzman, Jarod	2) Milne, Lucas	
3) Yamamoto, Brant	4) Payne, Isaiah	
5 Clark College	A	43.79
1) Cohen, Ron	2) Lee, Dominic	
3) Pharn-Cromb, Jett	4) Kinnunen, Micah	
6 Mt. Hood CC	A	43.93
1) Labhart, Scout	2) Kavanagh, Justin	
3) Aguilera, Nolberto	4) Dorn, Andre	
5) Moore, Alex	6) Windsor, Jacob	
7 Olympic College	A	44.31
1) Archer, Zion	2) Merksick, Devin	
3) Telemaque, Dominic	4) Steffen, Joshua	
8 Pacific Lutheran	A	45.95
1) Nixon, Wes	2) Stilnovich, Joe	
3) Ronquillo, Adrian	4) Creekmur, Tyson	
9 Puget Sound	A	45.97
1) Carlson, Miles	2) Heimbach, Collin	
3) Washington, Silas	4) Sutherland, Ryan	
--- Green River College	A	DQ
1) Ramirez, Jose	2) Borrero, Xavier	
3) Hollis, Darian	4) Fagan, Joseph	

Event 9 Women 100 Meter Hurdles

Name	School	Finals
Finals		
1 Buckhaults, Alexis	Portland Sta	15.08 1.8
2 Newblom, Michelle	Seattle U.	15.35 1.8
3 Kendrick, Ariya	Saint Martin	15.44 1.8
4 Bone, Chelsea	Concordia (O)	16.51 1.8
5 Dewing, Taylor	Everett CC	17.90 1.8

Event 10 Men 110 Meter Hurdles

Name	School	Finals
Finals		
1 Wells, Matt	Puget Sound	14.71 2.2
2 Cummings, Cordell	Western Wash	14.81 2.2
3 Cheung, Jackson	Unattached	14.95 3.5
4 McGraw, Chris	Pacific Luth	15.44 2.2
5 Brown, Giovanni	Concordia (O)	15.46 2.2

6 Okezie, Koby	Western Wash	15.49 2.2
7 Carpenter, Shayne	Seattle Paci	15.87 2.2
8 Pharn-Cromb, Jett	Clark Colleg	16.12 3.5
9 McMillian-Thomas, Brandon	Saint Martin	16.34 3.5
10 Burton, Mitchell	Western Wash	16.44 2.2
11 Moore, Alex	Mt. Hood CC	16.76 3.5
12 Davis, Steven	Mt. Hood CC	17.12 3.5
13 Carrizales, Emmy	Concordia (O)	18.84 3.5

Event 11 Women 400 Meter Run

Name	School	Finals
Finals		
1 Troescher, Rebecca	Seattle Paci	59.13
2 Kaufman, Krystal	Seattle Paci	1:00.29
3 Lunning, Caylah	Seattle U.	1:01.19
4 Omar, Shakila	Western Wash	1:01.35
5 Van Liew, Rachel	Seattle U.	1:03.44
6 Harder, Mallory	Western Wash	1:04.09
7 Shulman, Mirannda	Western Wash	1:04.42
8 Mckenney, Honor	Olympic Coll	1:04.42
9 Rivera Valles, Maria	Western Wash	1:05.03
10 Klein, Tatiana	Puget Sound	1:06.26
11 Kahsai, Mamona	Everett CC	1:06.73
12 Anderson, Christa	Mt. Hood CC	1:06.99
13 Cooley, Jenna	Pacific Luth	1:08.49
14 Stills, Megan	Puget Sound	1:09.40
15 Hart, Sandra	Everett CC	1:09.79
16 Cottnair, Hannah	Puget Sound	1:09.99
17 Evelyn-Wahl, Micaela	Unattached	1:16.13

Event 12 Men 400 Meter Run

Name	School	Finals
Finals		
1 Russell, Michael	Saint Martin	49.94
2 Dorn, Andre	Mt. Hood CC	50.15
3 Chhim, Sonny	Western Wash	50.38
4 Gonzalez, Zach	Seattle U.	51.04
5 Witters, Ryan	Western Wash	51.26
6 Jones, Daniel	Western Wash	52.05
7 Heimbach, Collin	Puget Sound	52.57
8 Cootey, Jackson	Warner Pacif	53.35
9 Stilnovich, Joe	Pacific Luth	53.38
10 Sutherland, Ryan	Puget Sound	53.94
11 Waddell, Jerrell Jae	Mt. Hood CC	54.06
12 Driesner, Trenton	Mt. Hood CC	54.62
13 Miller, Isaiah	Unattached	54.68
14 Cruz, Miguel	Clark Colleg	55.30
15 Tanicala, Josh	Saint Martin	55.45
16 Miller, Elias	Olympic Coll	55.52
17 Gandara, Micah	Mt. Hood CC	55.58
18 Meier, Mark	Warner Pacif	58.77
19 Llanos, Christopher	Mt. Hood CC	1:01.09

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Event 13 Women 1500 Meter Run

Name	School	Finals
Finals		
1 Holmberg, Dania	Seattle Paci	4:34.90
2 Lilly, Kate	Seattle Paci	4:35.37
3 Mitchell, Kaylee	Seattle Paci	4:41.02
4 Konrad, Shawnee	Western Wash	4:41.78
5 Chahrouri, Marie-Therese	Seattle U.	4:47.35
6 Washenberger, Kelsey	Seattle Paci	4:49.76
7 Barr, Jane	Western Wash	4:50.80
8 White, Delaney	Portland Sta	4:53.56
9 O'Hara, Emily	Seattle U.	4:53.99
10 Walter, Katherine	Seattle Paci	4:54.15
11 Metzler, Rachael	Puget Sound	4:56.44
12 McNerney, Sedona	Seattle Paci	4:58.71
13 Storm, Hunter	Unattached	4:58.94
14 Sioda, Alexia	Pacific Luth	5:10.48
15 Hobson, Gabby	Concordia (O	5:12.83
16 Bailly, Kaitlyn	Concordia (O	5:14.91
17 Gallo, Sararose	Pacific Luth	5:24.98
18 Robinson, Alyssa	Saint Martin	5:26.92
19 Bannister, Eliza	Saint Martin	5:30.26
20 Figueras, Nicky	Clark Colleg	5:34.31
21 Dailey, Carly	Pacific Luth	5:35.83

Event 14 Men 1500 Meter Run

Name	School	Finals
Finals		
1 Grundy, Gilbert	Jacuzzi Boys	3:57.83
2 Jaspersen, James	Western Wash	3:58.49
3 Cossette, Liam	Western Wash	3:59.06
4 Sager, Kyler	Western Wash	4:00.04
5 Franks, Macauley	Western Wash	4:00.49
6 Otero, Colby	Seattle Paci	4:01.94
7 Ramirez, Luke	Portland Sta	4:04.65
8 Graff, Elius	Seattle Paci	4:06.10
9 Kiolbasa, Edward	Western Wash	4:06.28
10 Mounier, Nick	Western Wash	4:09.59
11 Nussbaum, Chris	Pacific Luth	4:10.65
12 Maule, Jayson	Portland Sta	4:13.49
13 Farrell, John	Saint Martin	4:13.53
14 Ritter, Alec	Western Wash	4:14.88
15 Hoggarth, Colton	Western Wash	4:17.51
16 Lawrence, Jordan	Portland Sta	4:20.47
17 Talan, Evan	Seattle U.	4:20.60
18 Said, Galmo	Everett CC	4:20.62
19 Martin, Luke	Club Northwe	4:20.77
20 Tenny, Tyler	Mt. Hood CC	4:22.92
21 Hansen, Ben	Seattle Paci	4:23.75
22 Mandzyuk, Tim	Everett CC	4:24.03
23 Goff, Micah	Clark Colleg	4:26.17
24 Avery, Aaron	Clark Colleg	4:28.27
25 McGinty, Nathan	Everett CC	4:30.94
26 Rotar, Max	Concordia (O	4:31.14

27 Kochis, Robert	Concordia (O	4:31.58
28 Murry, Noah	Concordia (O	4:33.30
29 Turk, Wilson	Western Wash	4:36.75
30 Ha, Michael	Unattached	4:37.05
31 Schilter, Levi	Saint Martin	4:38.80
32 Hunt, Josh	Unattached	4:40.69
33 Allan, Josh	Concordia (O	4:43.04
34 Keast, Arthur	Pacific Luth	4:44.38
35 Stowers, Braden	Saint Martin	4:47.95
--- Wiley, Jesse	Western Wash	DNF

Event 15 Women 100 Meter Dash

Name	School	Finals
Finals		
1 Stepper, Julia	Seattle Paci	12.15 3.2
2 Suit, Hailey	Green River	12.20 3.2
3 Bley, Grace	Seattle Paci	12.24 3.2
4 Igbonagwam, Peace	Seattle Paci	12.34 3.2
5 Bouyer, Jenna	Seattle Paci	12.40 3.2
6 O'Handley, Kristen	Portland Sta	12.50 3.7
7 Smith, Kameron	Portland Sta	12.88 2.8
8 Mckenney, Honor	Olympic Coll	12.94 2.8
9 Nickelson, Artresa	Saint Martin	12.97 3.7
10 Farner, Anna	Seattle Paci	12.98 3.7
11 Staroverova, Anastasia	Green River	13.07 3.1
12 Nwokoma, Ujunwa	Mt. Hood CC	13.08 2.8
13 McLean, Kelsey	Western Wash	13.08 3.7
14 Morton, Lura	Puget Sound	13.31 3.1
15 Conger, Andraya	Pacific Luth	13.32 3.7
16 Taylor, Jaleesa	Western Wash	13.34 3.5
17 Saathoff, Jessica	Pacific Luth	13.46 2.8
18 Olson, Devon	Western Wash	13.49 2.8
19 Lyamba, Lainnie	Western Wash	13.50 2.8
20 Houston, Madeline	Olympic Coll	13.54 3.1
21 Frazier, Alycia	Saint Martin	13.77 3.1
22 Leavitt, Beth	Concordia (O	13.81 3.1
23 Samra, Gurmeet	Green River	13.86 3.1
24 Hunt, Kelby	Puget Sound	13.92 3.1
25 Parker, Shania	Mt. Hood CC	13.96 2.8
26 Villers, Tommi	Concordia (O	14.02 3.5
27 Haskins, Naloni	Puget Sound	14.12 3.5
28 Volk, Alanna	Puget Sound	14.16 3.5
29 Tandeki, Taylor	Saint Martin	14.21 2.8
30 Ball, Courtney	Everett CC	14.26 3.1
31 Kahananui, Shaunya	Olympic Coll	14.80 3.5

Event 16 Men 100 Meter Dash

Name	School	Finals
Finals		
1 Anunagba, Karlington	Western Wash	10.33 2.9
2 Adekanbi, Oluwadamilol	Everett CC	10.75 2.9
3 Welch, Bryant	Western Wash	10.80 2.9
4 Dances, Seren	Western Wash	11.08 2.9
5 Okezie, Koby	Western Wash	11.16 3.1
6 Johnson, Noah	Western Wash	11.17 3.6

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Finals ... (Event 16 Men 100 Meter Dash)

Name	School	Finals
7 Armstrong, Logan	Saint Martin	11.26 2.9
8 Aboudou, Sadath	Everett CC	11.30 3.8
9 Kavanagh, Justin	Mt. Hood CC	11.31 3.8
10 Fernandez, Angelo	Western Wash	11.31 3.1
11 Borrero, Xavier	Green River	11.33 3.1
12 Lee, Dominic	Clark Colleg	11.35 3.6
13 Davis, Aaron	Christ Life	11.36 2.9
14 Telemaque, Dominic	Olympic Coll	11.39 3.6
15 Tran, David	Western Wash	11.40 3.6
16 Perez, Bleu Michael	Guam	11.41 3.1
17 Handy, Rico	Warner Pacif	11.42 3.6
18 Broxton Jr., Willie	Western Wash	11.47 3.1
19 Ball, Nick	Concordia (O	11.56 3.8
20 Sterkel, Ethan	Western Wash	11.60 3.1
21 Labhart, Scout	Mt. Hood CC	11.61 3.8
22 Archer, Zion	Olympic Coll	11.71 3.8
23 Steffen, Joshua	Olympic Coll	11.75 3.1
24 Nixon, Wes	Pacific Luth	11.76 3.6
25 Fagan, Joseph	Green River	11.78 3.8
26 Carlson, Miles	Puget Sound	11.82 3.6
27 Wong, Christian	Seattle Paci	11.84 3.8
28 Newby, Silas	Seattle Paci	11.88 3.8
29 Singh, Jogeshwar	Green River	11.89 3.8
30 Ronquillo, Adrian	Pacific Luth	11.95 3.8
31 Hascall, Ryan	Everett CC	11.98 2.6
32 Oliver, Izaiah	Clark Colleg	12.02 2.6
33 Creekmur, Tyson	Pacific Luth	12.14 3.8
34 Windsor, Jacob	Mt. Hood CC	12.22 3.8
35 Washington, Silas	Puget Sound	12.32 3.8
36 McMillian-Thomas, Brandon	Saint Martin	12.35 3.8
37 Bernabe, Dylen	Clark Colleg	12.83 3.8

Event 17 Women 400 Meter Hurdles

Name	School	Finals
Finals		
1 House, Molly	Western Wash	1:07.22
2 Gulley, Adrienne	Pacific Luth	1:10.27
3 Brooks, Ashley	Concordia (O	1:13.69

Event 18 Men 400 Meter Hurdles

Name	School	Finals
Finals		
1 Gamza, Andrey	Concordia (O	57.25
2 Lovercamp, Reid	Western Wash	58.96
3 Aguilera, Nolberto	Mt. Hood CC	1:00.78
4 Gardiner, Keigan	Pacific Luth	1:00.99
5 Moore, Alex	Mt. Hood CC	1:01.66
6 Walter, Andrew	Saint Martin	1:02.67
7 Anguay, Zach	Saint Martin	1:02.84
8 Carpenter, Shayne	Seattle Paci	1:03.72
9 Driesner, Trenton	Mt. Hood CC	1:04.03
10 McGraw, Chris	Pacific Luth	1:07.31

Event 19 Women 800 Meter Run

Name	School	Finals
Finals		
1 Bradlina, Emery	Puget Sound	2:18.25
2 Konrad, Shawnee	Western Wash	2:19.61
3 Thompson, Elizabeth	Seattle Paci	2:19.95
4 Shreffler, Waverly	Western Wash	2:21.18
5 Barr, Jane	Western Wash	2:23.26
6 Metzler, Rachael	Puget Sound	2:27.23
7 Klein, Tatiana	Puget Sound	2:34.05
8 Seeman, Sarah	Pacific Luth	2:36.19
9 Hobson, Gabby	Concordia (O	2:37.73
10 Anderson, Christa	Mt. Hood CC	2:38.90
11 Hart, Sandra	Everett CC	2:39.29
12 Bayley, Aubrie	Green River	2:41.57
13 Bailly, Kaitlyn	Concordia (O	2:42.61
14 Poasa, Adahra	Unattached	2:43.10
15 Medina, Cecilia	Green River	3:03.35

Event 20 Men 800 Meter Run

Name	School	Finals
Finals		
1 Fournier, Isaac	Puget Sound	1:56.20
2 Monaghan, Jack	Puget Sound	1:56.32
3 Phan, Jesse	Seattle Paci	1:58.06
4 Funston, Isaiah	Everett CC	1:58.08
5 Panther, Greg	Everett CC	1:59.22
6 Grundy, Gilbert	Jacuzzi Boys	1:59.46
7 Hvidsten, Austen	Portland Sta	2:00.59
8 Farrell, John	Saint Martin	2:00.98
9 Payton, William	Portland Sta	2:01.08
10 Daniels, Mark	Western Wash	2:02.34
11 Wood, Tyler	Pacific Luth	2:03.35
12 Schultz, Brayden	Seattle Paci	2:03.85
13 Llamas, Alec	Seattle Paci	2:03.86
14 Bare, Kyle	Clark Colleg	2:04.33
15 Johnson, Bryce	Pacific Luth	2:04.40
16 Miller, Isaiah	Unattached	2:04.61
17 Gomez, Enrique	Western Wash	2:05.22
18 McDonald, Sayer	Green River	2:05.88
19 Miller, Elias	Olympic Coll	2:06.31
20 Tenny, Tyler	Mt. Hood CC	2:06.39
21 Roberts, Noah	Saint Martin	2:06.98
22 Kaame, Evans	Clark Colleg	2:07.91
23 Gandara, Micah	Mt. Hood CC	2:08.38
24 Bourgios, Nicolas	Olympic Coll	2:09.82
25 Said, Galmo	Everett CC	2:10.62
26 Omondi, Clinton	Unattached	2:11.35
27 Gutierrez, Ryan	Pacific Luth	2:11.68
28 Kochis, Robert	Concordia (O	2:11.94
29 Wani, Rudu	Saint Martin	2:12.42
30 Rotar, Max	Concordia (O	2:12.51
31 Engledow, Basil	Puget Sound	2:13.27
32 Llanos, Christopher	Mt. Hood CC	2:13.33

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Finals ... (Event 20 Men 800 Meter Run)				21	Ball, Nick	Concordia (O)	25.25	1.8
Name	School	Finals						
33	Waters, Taylor	Warner Pacif	2:13.92					
34	Lara, Timothy	Olympic Coll	2:14.45					
35	Cornyn, Maartin	Olympic Coll	2:14.69					
36	Ha, Michael	Unattached	2:14.96					
37	Tanicala, Josh	Saint Martin	2:15.18					
38	Allan, Josh	Concordia (O)	2:15.88					
39	Gil-Davila, Miguel	Green River	2:32.35					
40	Bendorf, Xavier	Green River	2:36.83					
---	Turk, Wilson	Western Wash	DNF					
Event 21 Women 200 Meter Dash				Event 23 Women 5000 Meter Run				
Name	School	Finals		Name	School	Finals		
Finals				Finals				
1	Smith, Savannah	Western Wash	25.19 1.9	1	Lehman, Rebecca	Western Wash	17:59.94	
2	Keyes, Imani	Pacific Luth	25.35 1.9	2	Krivanek, Alicia	Pacific Luth	19:18.91	
3	Forsyth, Bailey	Pacific Luth	25.69 1.9	3	Cearley, Tayler	Pacific Luth	19:20.21	
4	Suit, Hailey	Green River	26.25 1.9	4	Weber, Sammy	Pacific Luth	19:50.43	
5	Farner, Anna	Seattle Paci	26.84 1.9	5	Mulligan, Darby	Puget Sound	20:20.96	
6	Staroverova, Anastasia	Green River	27.02 2.1	6	Herman, Amber	Mt. Hood CC	21:21.53	
7	Shulman, Mirannda	Western Wash	27.04 1.9	Event 24 Men 5000 Meter Run				
8	Foos, Isabella	Western Wash	27.09 1.9	Name	School	Finals		
9	Mckenney, Honor	Olympic Coll	27.19 1.9	Finals				
10	Morton, Lura	Puget Sound	27.51 2.1	1	Grundy, Gilbert	Jacuzzi Boys	14:55.90	
11	Mcgill, Dominique	Warner Pacif	27.92 2.4	2	Hansen, Kevin	Club Northwe	15:05.68	
12	Houston, Madeline	Olympic Coll	28.33 2.1	3	King, Jamin	Club Northwe	15:07.09	
13	Samra, Gurneet	Green River	28.55 2.1	4	Flannery, Tyler	Club Northwe	15:15.07	
14	Hunt, Kelby	Puget Sound	28.64 2.1	5	Castillo, Juan	Unattached	15:50.44	
15	Stills, Megan	Puget Sound	29.34 2.1	6	Emeterio, Jacob	Unattached	16:01.94	
16	Alcayaga, Brooke	Olympic Coll	32.21 2.4	7	Dietz, Zach	Seattle Runn	16:04.88	
				8	Shelevy, Elmer	Portland Sta	16:05.26	
				9	Wynn, Riley	Pacific Luth	16:23.20	
				10	Arcos, Erick	Pacific Luth	16:35.63	
				11	Samson, Daniel	Pacific Luth	16:35.71	
				12	Bates, Connor	Pacific Luth	16:52.95	
				13	Hole, Cade	Pacific Luth	17:11.28	
Event 22 Men 200 Meter Dash				Event 26 Men 4x400 Meter Relay				
Name	School	Finals		Team	Relay	Finals		
Finals				Finals				
1	Russell, Michael	Saint Martin	22.10 1.6	1	Western Washington	A	3:22.90	
2	Hand, Jackson	Saint Martin	22.31 1.6	1) Lovercamp, Reid	2) Witters, Ryan			
3	Perez, Bleu Michael	Guam	22.73 1.6	3) Oglesby, Jon	4) Cummings, Cordell			
4	Dorn, Andre	Mt. Hood CC	22.74 1.6	5) Franks, Macauley	6) Welch, Bryant			
5	Barlow, Langston	Everett CC	22.79 1.8	2	Everett CC	A	3:28.21	
6	Borrero, Xavier	Green River	22.95 1.6	1) Aboudou, Sadath	2) Funston, Isaiah			
7	Oglesby, Jon	Western Wash	23.02 1.8	3) Panther, Greg	4) Barlow, Langston			
8	Telemaque, Dominic	Olympic Coll	23.37 1.9	3	Mt. Hood CC	A	3:33.23	
9	Armstrong, Logan	Saint Martin	23.42 1.6	1) Aguilera, Nolberto	2) Waddell, Jerrell Jae			
10	Kavanagh, Justin	Mt. Hood CC	23.47 1.6	3) Kavanagh, Justin	4) Dorn, Andre			
11	Broxton Jr., Willie	Western Wash	23.48 1.8	5) Tenny, Tyler	6) Gandara, Micah			
12	Windsor, Jacob	Mt. Hood CC	23.58 1.9	4	Clark College	A	3:36.21	
13	Stilnovich, Joe	Pacific Luth	23.65 1.8	1) Cohen, Ron	2) Cruz, Miguel			
14	Ramirez, Jose	Green River	23.82 1.9	3) Goff, Micah	4) Bare, Kyle			
15	Wong, Christian	Seattle Paci	23.88 1.8	5) Kaame, Evans	6) Pharn-Cromb, Jett			
16	Fagan, Joseph	Green River	23.89 1.9	5	Green River College	A	3:38.12	
17	Ronquillo, Adrian	Pacific Luth	24.17 1.9	1) Borrero, Xavier	2) McDonald, Sayer			
18	Waddell, Jerrell Jae	Mt. Hood CC	24.19 1.8	3) Fagan, Joseph	4) Ramirez, Jose			
19	Sawyer, Andre	Green River	24.43 1.9	Event 27 Women Hammer Throw				
20	Hascall, Ryan	Everett CC	24.44 1.9	Name	School	Finals		
				Finals				
				1	Larson, Liz	Saint Martin	54.07m	

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Results

Finals ... (Event 27 Women Hammer Throw)

Name	School	Finals
2 Paller, Kaitlyn	Olympic Coll	48.71m
3 Reeder, Emily	Pacific Luth	48.16m
4 Stovall, Carissa	Yelm Tornado	40.63m
5 Harris, Khaliya	Olympic Coll	37.93m
6 Nelson, Bethanie	Evergreen St	36.41m
7 Campbell, Lily	Olympic Coll	34.79m
8 Harding, Neely	Pacific Luth	33.95m
9 Hunkin, Vakeaemanu	Pacific Luth	33.15m
10 Hendrix, Sylvia	Seattle U.	32.85m
11 Tresselt, Jami	Seattle U.	30.48m
12 Breckenridge, Megan	Evergreen St	28.72m
13 Romine-Black, Georgia	Olympic Coll	28.45m
14 Buchanan, Grace	Mt. Hood CC	26.32m
15 Otton, Ariel	Green River	25.68m
16 Arnold, Maggie	Clark Colleg	24.10m
--- Brown, Katelyn	Pacific Luth	FOUL
--- Guerrero, Vanessa	Warner Pacif	FOUL

Event 28 Men Hammer Throw

Name	School	Finals
1 Chamberlin, Jakob	Unattached	58.15m
2 Harris, Cade	Saint Martin	49.32m
3 Vanderpoel, Kauano	Unattached	48.66m
4 McKenzie, Nick	Warner Pacif	47.96m
5 Hofschneider, Zack	Clark Colleg	46.29m
6 Kirk-Woodbury, Joe	Olympic Coll	45.87m
7 Jarvis, Nate	Pacific Luth	45.56m
8 Clary, Ethan	Saint Martin	40.70m
9 Thurman, Scott	Clark Colleg	38.84m
10 Brauchler, Jake	Warner Pacif	37.35m
11 Lahr, Volker	Mt. Hood CC	31.98m
12 Robinett, Ricky	Clark Colleg	31.09m
13 Coe, Gabe	Mt. Hood CC	25.44m
14 Heidari, Daniel	Puget Sound	20.99m
--- Johnson, LaTrell	Clark Colleg	FOUL

Event 29 Women Javelin Throw

Name	School	Finals
1 Vetto, Natalie	Western Wash	41.39m
2 Spiller, Jona	Saint Martin	41.27m
3 Nienaber, Hannah	Western Wash	40.35m
4 Short, Amanda	Western Wash	39.31m
5 Cornett, Megan	Portland Sta	38.25m
6 Cai, Scout	Seattle Paci	37.10m
7 Bone, Chelsea	Concordia (O	36.29m
8 Buchanan, Grace	Mt. Hood CC	35.58m
9 Mogen, Olga	Pacific Luth	34.67m
10 McFadden, Maya	Western Wash	33.87m
11 Peters, Emma	Pacific Luth	33.68m
12 Matsuzaki, Taylor	Portland Sta	33.64m
13 Howsden, Sarah	Saint Martin	33.22m

14 Nelson, Ava	Pacific Luth	32.91m
15 Kilcup, Carlie	Pacific Luth	32.53m
16 O'Handley, Kristen	Portland Sta	32.33m
17 Ahoafi-noa, Liliena	Mt. Hood CC	32.11m
18 Howard, Jaden	Clark Colleg	31.57m
19 Sicotte, Katherine	Olympic Coll	31.12m
20 Inouye, Sam	Puget Sound	30.83m
21 Cloud, Alexandra	Olympic Coll	29.41m
22 Sova, Tallia	Seattle U.	29.09m
23 Hegg, Jamie	Seattle U.	28.98m
24 Millroy, Savanna	Portland Sta	27.59m
25 Johnson, Kylee	Pacific Luth	27.03m
26 Capps, Emily	Pacific Luth	26.80m
27 Crowell, Abby	Puget Sound	26.28m
28 May, Kellie	Seattle Paci	24.32m

Event 30 Men Javelin Throw

Name	School	Finals
1 Christensen, Easton	Concordia (O	56.21m
2 Tryon, Jaydon	Everett CC	51.15m
3 Rwandika, Jean	Portland Sta	49.70m
4 Coe, Gabe	Mt. Hood CC	48.35m
5 Bishop, Sean	Mt. Hood CC	43.03m
6 Baerg, Ryan	Pacific Luth	42.45m
7 Gibbs, Austin	Mt. Hood CC	42.21m
8 Meier, Mark	Warner Pacif	39.15m
9 Hansen, Brodie	Green River	38.69m
10 Carrizales, Emmy	Concordia (O	37.75m
11 Ball, Nick	Concordia (O	35.78m
12 Schulz, Josh	Saint Martin	35.60m
13 Schaaf, Dylan	Evergreen St	33.30m
14 Mcgaughey, Geoffrey	Everett CC	18.98m

Event 31 Women Shot Put

Name	School	Finals
1 Reeder, Emily	Pacific Luth	12.80m
2 Mumford, Angela	Portland Sta	11.70m
3 Hunkin, Vakeaemanu	Pacific Luth	11.59m
4 Paller, Kaitlyn	Olympic Coll	11.43m
5 Stovall, Carissa	Yelm Tornado	11.19m
6 Harris, Khaliya	Olympic Coll	11.17m
7 Sova, Tallia	Seattle U.	10.86m
8 Ahoafi-noa, Liliena	Mt. Hood CC	10.76m
9 McFadden, Maya	Western Wash	10.62m
10 Romine-Black, Georgia	Olympic Coll	9.92m
11 Otton, Ariel	Green River	9.71m
12 Hendrix, Sylvia	Seattle U.	9.22m
13 Pressley, Briana	Evergreen St	8.84m

Event 32 Men Shot Put

Name	School	Finals
1 Au-Haupu, Micah	Saint Martin	13.54m

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Finals ... (Event 32 Men Shot Put)

Name	School	Finals
2 Jensen, Connor	Concordia (O	13.26m
3 Hudson, Desmond	Evergreen St	13.16m
4 Kirk-Woodbury, Joe	Olympic Coll	12.26m
5 Trewet, Parker	Pacific Luth	12.11m
6 Robinett, Ricky	Clark Colleg	12.06m
7 Jarvis, Nate	Pacific Luth	11.69m
8 Lynch, Casey	Olympic Coll	11.29m
9 Brauchler, Jake	Warner Pacif	11.18m
10 Kiphart, Hunter	Saint Martin	11.15m
11 Miller, Scottie	Everett CC	10.26m
12 Donovan, Jake	Everett CC	10.07m
13 Visan, Alex	Mt. Hood CC	9.95m
14 Lahr, Volker	Mt. Hood CC	9.75m
15 Johnson, LaTrell	Clark Colleg	9.59m
16 Hess, Ethan	Everett CC	9.47m
17 Heidari, Daniel	Puget Sound	6.92m

Event 33 Women High Jump (1.36m)

Name	School	Finals
Finals		
1 Taylor, Maddie	Western Wash	1.66m
2 Wilson, Lauren	Pacific Luth	J1.66m
3 Dunleavy, Ceil	Portland Sta	1.56m
4 Dawkins, Aliyah	Western Wash	J1.56m
5 Faretta, Heather	Western Wash	J1.56m
6 Vest, Ashley	Saint Martin	1.51m
6 Lehnert, Geneva	Seattle Paci	1.51m
6 Pott, Tiffany	Saint Martin	1.51m
9 Denham, Sydney	Puget Sound	J1.51m
10 Retter, Sarah	Western Wash	1.46m
11 Parker, Shania	Mt. Hood CC	J1.46m
11 Swiderski, Jaclyn	Western Wash	J1.46m
13 Kibbee, Leanne	Western Wash	1.41m
--- Henry, Bridget	Western Wash	NH
--- Apo, Cassidy	Saint Martin	NH
--- Elliott, Taylor	Portland Sta	NH

Event 34 Men High Jump (1.68m)

Name	School	Finals
Finals		
1 Wickliff, Tupre	Western Wash	1.93m
2 Hasher, Devin	Mt. Hood CC	1.88m
3 Schulz, Josh	Saint Martin	1.83m
4 Merksick, Devin	Olympic Coll	1.78m
5 Carrizales, Emmy	Concordia (O	1.73m
6 Davis, Steven	Mt. Hood CC	1.68m
--- Sterkel, Ethan	Western Wash	NH
--- Cronk, Tyler	Saint Martin	NH
--- Wells, Matt	Puget Sound	NH
--- Coltrane, Tanner	Clark Colleg	NH
--- Williams, Ramontre'	Mt. Hood CC	NH

Event 35 Women Pole Vault (2.29m)

Name	School	Finals
Finals		
1 Perry, Lexi	Western Wash	3.64m
2 Ellis, Sarah	Western Wash	3.49m
3 Paradis, Sophie	Western Wash	3.34m
3 Lambert, Emma	Seattle Paci	3.34m
3 Licari, Madison	Seattle Paci	3.34m
3 Oliquiano, Jewels	Western Wash	3.34m
7 Dodson, Hannah	Western Wash	3.04m
8 Cabrera, Brianna	Saint Martin	2.89m
8 Truitt, Riley	Clark Colleg	2.89m
10 Volk, Alanna	Puget Sound	2.59m
11 Kilcup, Charlie	Pacific Luth	J2.59m
12 Kelly, Klarissa	Clark Colleg	2.44m
12 Cochran, Kaitlin	Puget Sound	2.44m
12 Ozawa, Kayla	Pacific Luth	2.44m
--- Graham, Cierra	Western Wash	NH
--- Andersen, Amanda	Western Wash	NH

Event 36 Men Pole Vault (2.90m)

Name	School	Finals
Finals		
1 Masanga, Braden	Portland Sta	4.70m
2 Boyle, Craig	Saint Martin	4.55m
3 Barbour, Sean	Seattle Paci	3.95m
3 Flintoff, Davis	Seattle Paci	3.95m
5 Aageson, Gunnar	Pacific Luth	3.80m
6 Shaver, Jedidiah	Clark Colleg	3.65m
--- Forbes, Drew	Pacific Luth	NH
--- Williams, Christian	Western Wash	NH
--- Robinson, Donte	Portland Sta	NH
--- Cummings, Cooper	Western Wash	NH
--- Rickard, Chris	Saint Martin	NH

Event 37 Women Long Jump

Name	School	Finals
Finals		
1 Lunning, Caylah	Seattle U.	5.45m 1.0
2 Nwokoma, Ujunwa	Mt. Hood CC	5.39m 1.2
3 Dawkins, Aliyah	Western Wash	5.02m +0.0
4 Dewing, Taylor	Everett CC	4.89m 0.5
5 Hathaway, Kelsey	Pacific Luth	4.85m 0.5
6 Olson, Devon	Western Wash	4.81m 0.7
7 Lyamba, Lainnie	Western Wash	4.67m 0.4
8 McGill, Dominique	Warner Pacif	4.59m -0.9
9 Munoz, Malea	Western Wash	4.57m 0.2
10 Haskins, Naloni	Puget Sound	4.51m -1.0
11 Sanford, Jamie	Western Wash	4.48m +0.0
11 Kibbee, Leanne	Western Wash	4.48m 0.7
13 Parker, Shania	Mt. Hood CC	4.39m +0.0
14 Heyman, Sophia	Seattle U.	4.33m +0.0
15 Ball, Courtney	Everett CC	4.21m +0.0
16 Kahananui, Shaunya	Olympic Coll	4.14m +0.0

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Finals ... (Event 37 Women Long Jump)

Name	School	Finals
17 Lockwood, Madesyn	Evergreen St	4.11m +0.0
18 Alcayaga, Brooke	Olympic Coll	3.65m +0.0
--- Romain, Keshara	Saint Martin	FOUL
--- Terry, Nicole	Portland Sta	FOUL

Event 38 Men Long Jump

Name	School	Finals
Finals		
1 Hollis, Darian	Green River	6.49m 0.6
2 Tran, Willie	Mt. Hood CC	6.43m -0.2
3 Mataya, Rudy	Western Wash	6.41m 0.3
4 Archer, Zion	Olympic Coll	6.37m +0.0
5 Carter, Markell	Everett CC	6.32m +0.0
6 Sterkel, Ethan	Western Wash	6.26m +0.0
6 Labhart, Scout	Mt. Hood CC	6.26m +0.0
8 Jackson, Andre	Warner Pacif	6.22m +0.0
9 Steffen, Joshua	Olympic Coll	6.20m 2.0
10 Anderson, Tyler	Green River	6.04m -0.8
11 Washington, Silas	Puget Sound	6.02m 0.7
12 Brown, Giovanni	Concordia (O	6.00m +0.0
13 Schulz, Josh	Saint Martin	5.99m -0.2
14 Coe, Gabe	Mt. Hood CC	5.94m 2.0
15 Munoz, Levi	Clark Colleg	5.92m -1.5
16 Sawyer, Andre	Green River	5.82m -1.3
17 Handy, Rico	Warner Pacif	5.75m +0.0
18 Smith, Aidan	Seattle U.	5.70m 1.3
19 McCullough, Cooper	Saint Martin	5.46m 2.0
20 Johnson, Kasey	Pacific Luth	5.36m 0.9
21 Bernabe, Dysten	Clark Colleg	5.07m 1.9
22 Singharaj, Brandon	Mt. Hood CC	4.92m 1.9

Event 39 Women Triple Jump

Name	School	Finals
Finals		
1 Coleman, Brittany	Warner Pacif	11.38m +0.0
2 Buckhaults, Alexis	Portland Sta	10.62m -0.6
3 Olson, Devon	Western Wash	10.13m -1.1
4 Golba, Nicole	Seattle U.	10.09m 2.3
5 Sanford, Jamie	Western Wash	9.81m 2.1
6 Cochran, Kaitlin	Puget Sound	8.99m +0.0
--- Lyamba, Lainnie	Western Wash	FOUL
--- Heyman, Sophia	Seattle U.	FOUL
--- Romain, Keshara	Saint Martin	FOUL

Event 40 Men Triple Jump

Name	School	Finals
Finals		
1 Archer, Zion	Olympic Coll	13.57m -0.2
2 Duckworth, Jeremiah	Western Wash	13.13m -0.2
3 Newby, Silas	Seattle Paci	13.09m 0.9
4 Steffen, Joshua	Olympic Coll	13.06m +0.0
5 Ringold, Jacob	Western Wash	12.96m -0.1
6 Claiborne, Kailan	Seattle U.	12.60m +0.0

7 Sawyer, Andre	Green River	12.00m 1.3
8 Cohen, Ron	Clark Colleg	11.65m -0.2
9 Singharaj, Brandon	Mt. Hood CC	11.09m 1.9
--- Bernabe, Dysten	Clark Colleg	FOUL
--- McCullough, Cooper	Saint Martin	FOUL

Event 41 Women Discus Throw

Name	School	Finals
Finals		
1 Hunkin, Vakeaemanu	Pacific Luth	39.72m
2 Stovall, Carissa	Yelm Tornado	39.66m
3 Mumford, Angela	Portland Sta	36.53m
4 Brown, Katelyn	Pacific Luth	34.94m
5 Paller, Kaitlyn	Olympic Coll	34.59m
6 Harding, Neely	Pacific Luth	33.47m
7 Breckenridge, Megan	Evergreen St	33.14m
8 Campbell, Lily	Olympic Coll	32.86m
9 Otton, Ariel	Green River	31.90m
10 Capps, Emily	Pacific Luth	31.07m
11 Guerrero, Vanessa	Warner Pacif	29.92m
12 Tresselt, Jami	Seattle U.	29.84m
13 Peters, Emma	Pacific Luth	29.29m
14 Fisch, Kaela	Evergreen St	25.51m
--- Wright, Grace	Everett CC	FOUL
--- Harris, Khaliya	Olympic Coll	FOUL

Event 42 Men Discus Throw

Name	School	Finals
Finals		
1 Chamberlin, Jakob	Unattached	51.98m
2 Jensen, Connor	Concordia (O	41.23m
3 Hudson, Desmond	Evergreen St	38.19m
4 Au-Haupt, Micah	Saint Martin	37.94m
5 Thurman, Scott	Clark Colleg	35.50m
6 Robinett, Ricky	Clark Colleg	33.70m
7 Kiphart, Hunter	Saint Martin	33.45m
8 Hess, Ethan	Everett CC	31.65m
9 Donovan, Jake	Everett CC	31.20m
10 Lynch, Casey	Olympic Coll	30.65m
11 Lahr, Volker	Mt. Hood CC	29.92m
12 Remer, Michael	Saint Martin	29.40m
13 Gibbs, Austin	Mt. Hood CC	27.14m
14 Hansen, Brodie	Green River	27.11m
15 Cummings, Cooper	Western Wash	25.85m
16 Visan, Alex	Mt. Hood CC	24.55m
17 Johnson, LaTrell	Clark Colleg	22.47m
--- Habib, Samy	Unattached	ND
--- Kirk-Woodbury, Joe	Olympic Coll	ND

Event 44 Women 10000 Meter Run

Name	School	Finals
Finals		
1 Baldwin-Joiner, Alana	Portland Sta	39:40.71
2 Alvarez, Hana	Mt. Hood CC	45:48.87