

2019 GNAC Combine Event Championships - 4/29/2019 to 4/30/2019**4/29/2019 to 4/30/2019****Results****Event 1 Men Decathlon**

	Name	School	Finals	H#
Finals				
1	Brown, Giovanni	Concordia (Ore.)	7007	
2	Maier, Braydon	Central Washington	6811	
3	Forster, Michael	Central Washington	6548	
4	Tidwell, Dakota	Northwest Nazarene	6531	
5	Sramek, David	Alaska Anchorage	6504	
6	Dances, Seren	Western Washington	6452	
7	Schulz, Josh	Saint Martin's	5974	
8	Kruse, Mitch	Western Oregon	5937	
9	Cummings, Cooper	Western Washington	5758	
10	Andaya, Nate	Central Washington	5757	
11	Carrizales, Emmy	Concordia (Ore.)	5530	
12	Rinefort, Ian	Western Washington	5033	
13	Ball, Nick	Concordia (Ore.)	4601	

Event 1 Decathlon: #1 Men 100 Meter Dash Decathlon

	Name	School	Finals	Wind	H#
Finals					
1	Schulz, Josh	Saint Martin's	11.17	+0.0	2
2	Dances, Seren	Western Washington	11.20	+0.0	2
3	Rinefort, Ian	Western Washington	11.34	+0.0	2
4	Sramek, David	Alaska Anchorage	11.38	+0.0	1
5	Forster, Michael	Central Washington	11.41	+0.0	2
6	Tidwell, Dakota	Northwest Nazarene	11.42	+0.0	2
7	Kreutz, Blaine	Northwest Nazarene	11.49	+0.0	2
8	Andaya, Nate	Central Washington	11.52	+0.0	2
9	Maier, Braydon	Central Washington	11.54	+0.0	1
10	Brown, Giovanni	Concordia (Ore.)	11.78	+0.0	1
11	Cummings, Cooper	Western Washington	11.90	+0.0	1
12	Carrizales, Emmy	Concordia (Ore.)	11.91	+0.0	1
13	Kruse, Mitch	Western Oregon	12.01	+0.0	1
14	Ball, Nick	Concordia (Ore.)	12.38	+0.0	1

Event 1 Decathlon: #2 Men Long Jump Decathlon

	Name	School	Finals	Wind
Finals				
1	Dances, Seren	Western Washington	6.79m	22-03.50 1.9
2	Sramek, David	Alaska Anchorage	6.72m	22-00.75 3.0
3	Forster, Michael	Central Washington	6.68m	21-11.00 -0.6
4	Rinefort, Ian	Western Washington	6.61m	21-08.25 2.1
5	Tidwell, Dakota	Northwest Nazarene	6.60m	21-08.00 3.0
6	Schulz, Josh	Saint Martin's	6.58m	21-07.25 -2.8
7	Kreutz, Blaine	Northwest Nazarene	6.35m	20-10.00 -1.1
8	Maier, Braydon	Central Washington	6.34m	20-09.75 +0.0
9	Andaya, Nate	Central Washington	6.31m	20-08.50 1.2
10	Brown, Giovanni	Concordia (Ore.)	6.24m	20-05.75 -1.1
11	Cummings, Cooper	Western Washington	6.21m	20-04.50 0.1
12	Kruse, Mitch	Western Oregon	6.17m	20-03.00 1.9
13	Carrizales, Emmy	Concordia (Ore.)	6.10m	20-00.25 1.2

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	Name	School	Finals	Wind
14	Ball, Nick	Concordia (Ore.)	5.64m	18-06.00 3.3

Event 1 Decathlon: #3 Men Shot Put Decathlon

	Name	School	Finals	
Finals				
1	Brown, Giovanni	Concordia (Ore.)	14.04m	46-00.75
2	Maier, Braydon	Central Washington	11.58m	38-00.00
3	Forster, Michael	Central Washington	11.50m	37-08.75
4	Kreutz, Blaine	Northwest Nazarene	11.33m	37-02.25
5	Kruse, Mitch	Western Oregon	10.83m	35-06.50
6	Carrizales, Emmy	Concordia (Ore.)	10.80m	35-05.25
7	Tidwell, Dakota	Northwest Nazarene	10.23m	33-06.75
8	Rinefort, Ian	Western Washington	10.04m	32-11.25
9	Dances, Seren	Western Washington	10.03m	32-11.00
10	Andaya, Nate	Central Washington	10.00m	32-09.75
11	Ball, Nick	Concordia (Ore.)	9.95m	32-07.75
11	Schulz, Josh	Saint Martin's	9.95m	32-07.75
13	Sramek, David	Alaska Anchorage	9.89m	32-05.50
14	Cummings, Cooper	Western Washington	9.57m	31-04.75

Event 1 Decathlon: #4 Men High Jump Decathlon

	Name	School	Finals	
Finals				
1	Dances, Seren	Western Washington	1.94m	6-04.25
2	Maier, Braydon	Central Washington	1.91m	6-03.25
3	Forster, Michael	Central Washington	1.82m	5-11.50
3	Sramek, David	Alaska Anchorage	1.82m	5-11.50
3	Brown, Giovanni	Concordia (Ore.)	1.82m	5-11.50
3	Rinefort, Ian	Western Washington	1.82m	5-11.50
7	Kreutz, Blaine	Northwest Nazarene	1.79m	5-10.50
7	Tidwell, Dakota	Northwest Nazarene	1.79m	5-10.50
9	Schulz, Josh	Saint Martin's	1.76m	5-09.25
9	Carrizales, Emmy	Concordia (Ore.)	1.76m	5-09.25
9	Cummings, Cooper	Western Washington	1.76m	5-09.25
12	Kruse, Mitch	Western Oregon	1.67m	5-05.75
13	Ball, Nick	Concordia (Ore.)	1.55m	5-01.00
14	Andaya, Nate	Central Washington	1.52m	4-11.75

Event 1 Decathlon: #5 Men 400 Meter Dash Decathlon

	Name	School	Finals	H#
Finals				
1	Rinefort, Ian	Western Washington	50.75	2
2	Sramek, David	Alaska Anchorage	50.86	2
3	Brown, Giovanni	Concordia (Ore.)	50.92	2
4	Kreutz, Blaine	Northwest Nazarene	51.40	1
5	Schulz, Josh	Saint Martin's	51.61	1
6	Andaya, Nate	Central Washington	51.94	1
7	Dances, Seren	Western Washington	52.32	2
8	Tidwell, Dakota	Northwest Nazarene	52.41	2
9	Maier, Braydon	Central Washington	52.57	2

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	Name	School	Finals	H#
10	Forster, Michael	Central Washington	52.59	2
11	Kruse, Mitch	Western Oregon	53.53	1
12	Cummings, Cooper	Western Washington	56.14	1
13	Ball, Nick	Concordia (Ore.)	56.46	1
14	Carrizales, Emmy	Concordia (Ore.)	57.29	1

Event 1 Decathlon: #6 Men 110 Meter Hurdles Decathlon

	Name	School	Finals	Wind	H#
Finals					
1	Brown, Giovanni	Concordia (Ore.)	15.08	-0.2	1
2	Maier, Braydon	Central Washington	15.39	-0.2	1
3	Dances, Seren	Western Washington	15.44	-0.2	1
4	Forster, Michael	Central Washington	15.49	-0.2	1
5	Tidwell, Dakota	Northwest Nazarene	16.30	0.3	2
6	Rinefort, Ian	Western Washington	16.39	0.3	2
7	Kreutz, Blaine	Northwest Nazarene	16.41	0.3	2
8	Sramek, David	Alaska Anchorage	16.66	0.3	2
9	Cummings, Cooper	Western Washington	17.05	0.8	3
10	Andaya, Nate	Central Washington	17.10	0.8	3
11	Carrizales, Emmy	Concordia (Ore.)	17.29	0.6	4
12	Schulz, Josh	Saint Martin's	18.03	0.8	3
13	Kruse, Mitch	Western Oregon	18.32	0.6	4
14	Ball, Nick	Concordia (Ore.)	20.82	0.6	4

Event 1 Decathlon: #7 Men Discus Throw Decathlon

	Name	School	Finals	
Finals				
1	Brown, Giovanni	Concordia (Ore.)	45.22m	148-04
2	Kruse, Mitch	Western Oregon	36.31m	119-01
3	Maier, Braydon	Central Washington	35.93m	117-10
4	Kreutz, Blaine	Northwest Nazarene	33.98m	111-06
5	Dances, Seren	Western Washington	33.02m	108-04
6	Tidwell, Dakota	Northwest Nazarene	32.98m	108-02
7	Forster, Michael	Central Washington	31.77m	104-03
8	Carrizales, Emmy	Concordia (Ore.)	31.35m	102-10
9	Schulz, Josh	Saint Martin's	30.30m	99-05
10	Rinefort, Ian	Western Washington	30.11m	98-09
11	Sramek, David	Alaska Anchorage	29.29m	96-01
12	Cummings, Cooper	Western Washington	29.24m	95-11
13	Ball, Nick	Concordia (Ore.)	29.06m	95-04
14	Andaya, Nate	Central Washington	21.96m	72-00

Event 1 Decathlon: #8 Men Pole Vault Decathlon

	Name	School	Finals	
Finals				
1	Sramek, David	Alaska Anchorage	4.60m	15-01.00
2	Maier, Braydon	Central Washington	4.40m	14-05.25
3	Tidwell, Dakota	Northwest Nazarene	4.30m	14-01.25
4	Brown, Giovanni	Concordia (Ore.)	4.10m	13-05.25
5	Cummings, Cooper	Western Washington	4.00m	13-01.50

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	Name	School	Finals	
5	Andaya, Nate	Central Washington	4.00m	13-01.50
7	Dances, Seren	Western Washington	3.80m	12-05.50
8	Schulz, Josh	Saint Martin's	3.70m	12-01.50
9	Kruse, Mitch	Western Oregon	3.60m	11-09.75
9	Forster, Michael	Central Washington	3.60m	11-09.75
11	Carrizales, Emmy	Concordia (Ore.)	3.30m	10-10.00
12	Kreutz, Blaine	Northwest Nazarene	3.20m	10-06.00
13	Ball, Nick	Concordia (Ore.)	3.10m	10-02.00
---	Rinefort, Ian	Western Washington	NH	

Event 1 Decathlon: #9 Men Javelin Throw Decathlon

	Name	School	Finals	
Finals				
1	Kruse, Mitch	Western Oregon	53.03m	174-00
2	Forster, Michael	Central Washington	51.55m	169-01
3	Maier, Braydon	Central Washington	50.45m	165-06
4	Tidwell, Dakota	Northwest Nazarene	48.08m	157-09
5	Carrizales, Emmy	Concordia (Ore.)	45.86m	150-05
6	Dances, Seren	Western Washington	45.55m	149-05
7	Andaya, Nate	Central Washington	44.69m	146-07
8	Cummings, Cooper	Western Washington	41.91m	137-06
9	Rinefort, Ian	Western Washington	40.95m	134-04
10	Brown, Giovanni	Concordia (Ore.)	40.59m	133-02
11	Schulz, Josh	Saint Martin's	40.52m	132-11
12	Ball, Nick	Concordia (Ore.)	39.73m	130-04
13	Sramek, David	Alaska Anchorage	39.27m	128-10

Event 1 Decathlon: #10 Men 1500 Meter Run Decathlon

	Name	School	Finals
Finals			
1	Brown, Giovanni	Concordia (Ore.)	4:19.02
2	Sramek, David	Alaska Anchorage	4:29.51
3	Tidwell, Dakota	Northwest Nazarene	4:31.82
4	Kruse, Mitch	Western Oregon	4:33.47
5	Forster, Michael	Central Washington	4:35.67
6	Cummings, Cooper	Western Washington	4:38.09
7	Maier, Braydon	Central Washington	4:38.30
8	Andaya, Nate	Central Washington	4:38.97
9	Schulz, Josh	Saint Martin's	4:46.27
10	Carrizales, Emmy	Concordia (Ore.)	4:57.90
11	Dances, Seren	Western Washington	5:07.45
12	Ball, Nick	Concordia (Ore.)	5:08.61
---	Rinefort, Ian	Western Washington	DNF