

2021 WWU Ralph Vernachia Invitational - 5/1/2021

Civic Stadium

Results

Women 100 Meter Dash

Meet: 11.8h M 2006

Lisa Whitehead

School: 11.93 W 1987

Hollie Watson

Name	Yr	School	Finals
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Section 1 Wind: 2.8

1	Forsyth, Bailey	JR	Pacific Luth	11.87	10
2	Hurley, Karlie	SR	Western Wash	12.26	8
3	Worthy, Makiya	FR	Saint Martin	12.35	6
4	Hansen, Makenna	SO	Central Wash	12.37	5
5	Lewis, Jackilyn	FR	Puget Sound	12.52	3
6	Green, Kiarra	FR	Central Wash	12.58	2
7	Robydek, Morgan	SR	Central Wash	12.79	1
8	Doss, Aujanique	SR	Central Wash	12.90	

Section 2 Wind: 0.3

1	Hollis, E'Lexis	FR	Central Wash	12.49	4
2	Cox, Lorin	FR	Pacific Luth	13.00	
3	Vu, Madison	FR	Saint Martin	13.33	
4	Limoli, Ella	FR	Puget Sound	13.61	
5	Snowber-Woakes, Jesse	SO	Puget Sound	14.02	

Women 200 Meter Dash

Meet: 24.38 M 2007

Ruky Abdulai

School: 24.32 W 1987

Hollie Watson

Name	Yr	School	Finals
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Section 1 Wind: 0.8

1	Forsyth, Bailey	JR	Pacific Luth	24.72	10
2	Worthy, Makiya	FR	Saint Martin	25.45	8
3	Lewis, Jackilyn	FR	Puget Sound	25.59	6
4	Hansen, Makenna	SO	Central Wash	26.09	5
5	Green, Kiarra	FR	Central Wash	26.29	4
6	Backman, Kaitlyn	FR	Alaska Ancho	26.31	3
7	Taylor, Dani	FR	Central Wash	26.68	2
8	Doss, Aujanique	SR	Central Wash	28.11	

Section 2 Wind: 1.0

1	Hollis, E'Lexis	FR	Central Wash	26.79	1
2	Chandler, Lauryn	FR	Central Wash	27.62	
3	Cox, Lorin	FR	Pacific Luth	27.70	
4	Johansen, Victoria	FR	Alaska Ancho	27.95	
5	Kortuem, Mallory	FR	Western Wash	28.34	
6	Limoli, Ella	FR	Puget Sound	28.47	
7	Haskins, Naloni	JR	Puget Sound	29.18	

Section 3 Wind: 0.3

1	Snowber-Woakes, Jesse	SO	Puget Sound	29.33	
2	Cottinair, Hannah	JR	Puget Sound	30.42	

Women 400 Meter Dash

Meet: 55.2h M 1981

Rhonda Bell

School: 54.59 W 2009

Ellie Siler

Name	Yr	School	Finals
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Section 1

1	Taylor, Dani	FR	Central Wash	59.95	10
2	Backman, Kaitlyn	FR	Alaska Ancho	1:00.79	8
3	Yates, Kierrla	FR	Saint Martin	1:02.49	6
4	Johansen, Victoria	FR	Alaska Ancho	1:03.20	5
5	Kortuem, Mallory	FR	Western Wash	1:03.57	4

6	Nyamasyo, Alfin	JR	Alaska Ancho	1:03.79	3
7	Cottinair, Hannah	JR	Puget Sound	1:07.69	1

Section 2

1	Arcia, Laura	FR	Puget Sound	1:04.80	2
2	Clark, McKenna	SO	Puget Sound	1:08.39	

Women 800 Meter Run

Meet: 2:07.90 M 2006

Rebecca Johnstone

School: 2:11.45 W 2011

Rachael Johnson

Name	Yr	School	Finals
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Section 1

1	Walchak-Sloan, Cassidy	FR	Saint Martin	2:17.64	10
2	Atlas, Tylantiss	JR	Alaska Ancho	2:19.61	8
3	Metzler, Rachael	SR	Puget Sound	2:26.81	6
4	Paquet, Sarah	FR	Pacific Luth	2:27.72	5
5	Arcia, Laura	FR	Puget Sound	2:28.50	4
6	Nyamasyo, Alfin	JR	Alaska Ancho	2:32.39	3
7	Gohr, Caitlin	SO	Central Wash	2:32.47	2
8	Child, Madison	SO	Central Wash	2:33.58	1
9	Lester, Kay	SO	Central Wash	2:39.51	
10	Cochran, Tailer	FR	Central Wash	2:47.73	
11	Clark, McKenna	SO	Puget Sound	2:50.44	
12	Krivaneck, Alicia	SO	Pacific Luth	2:56.85	

Women 1500 Meter Run

Meet: 4:23.17 M 2007

Jessica Pixler

School: 4:29.71 W 2015

Haley O'Connor

Name	Yr	School	Finals
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Section 1

1	Metzler, Rachael	SR	Puget Sound	4:56.72	10
2	Hansen, Elaina	FR	Saint Martin	5:00.56	8
3	Child, Madison	SO	Central Wash	5:00.59	6
4	Park, Joan	SO	Pacific Luth	5:05.09	5
5	Forward, Bethany	FR	Saint Martin	5:09.16	4
6	Lester, Kay	SO	Central Wash	5:14.42	3
7	Spaic, Sofija	FR	Alaska Ancho	5:25.99	2
8	Aceves Espinoza, Maria	SR	Alaska Ancho	5:46.85	1
9	Cramer, Lucy	FR	Puget Sound	6:00.14	

Women 5000 Meter Run

Pfueller Family

Meet: 16:35.53 M 2015

Katelyn Steen

School: 15:57.02 W 2011

Sarah Porter

Name	Yr	School	Finals
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Section 1

1	Mattson, Molly	SO	Central Wash	18:11.92	10
2	Mastin, Zoie	FR	Central Wash	18:41.30	8
3	Sabra, Sara	FR	Saint Martin	19:41.79	6
4	Himelbloom, Arielle	JR	Alaska Ancho	19:54.42	5
5	Spaic, Sofija	FR	Alaska Ancho	20:09.85	4
6	Hartley, Naomi	FR	Saint Martin	20:22.03	3
7	Schnorr, Ellie	SR	Puget Sound	20:31.65	2
8	Wong, Kylie	SR	Puget Sound	21:26.41	1
9	Massey, Meredith	FR	Central Wash	21:29.07	
10	Austin, Josie	FR	Pacific Luth	21:37.77	
---	Heesacker, Jenna	FR	Central Wash	DNF	

2021 WWU Ralph Vernachia Invitational - 5/1/2021**Civic Stadium****Results****Women 100 Meter Hurdles****Meet: 14.06 M 2019****Mariyah Vongsaveng****School: 13.7h W 1973****Wendy Taylor**

Name	Yr	School	Finals
Section 1 Wind: 2.1			
1 Dawkins, Aliyah	JR	Western Wash	14.55 10
2 Chandler, Lauryn	FR	Central Wash	15.22 8
3 Cintron, Gabriela	FR	Saint Martin	15.57 6
4 Olson, Mollie	FR	Western Wash	15.71 5
5 Mortensen, Eden	FR	Saint Martin	15.78 4
6 Zilla, Margaret	FR	Saint Martin	17.26 2
7 Gulley, Adrienne	JR	Pacific Luth	17.65 1
--- Mader, Mikayla	FR	Alaska Ancho	DNF

Section 2 Wind: 1.5

1 Bartolaba, Haley	FR	Alaska Ancho	17.03 3
2 Turner, Lily	SO	Puget Sound	25.31

Women 400 Meter Hurdles**Meet: 59.9h M 1992****Michaela Colluney****School: 1:00.31 W 2009****Heidi Dimmitt**

Name	Yr	School	Finals
Section 1			
1 Krill, Rachel	SO	Central Wash	1:07.14 10
2 Bartolaba, Haley	FR	Alaska Ancho	1:07.60 8
3 Gulley, Adrienne	JR	Pacific Luth	1:08.30 6
4 Mortensen, Eden	FR	Saint Martin	1:08.47 5
5 Cintron, Gabriela	FR	Saint Martin	1:11.32 4
6 Turner, Lily	SO	Puget Sound	1:15.02 3
7 Volk, Alanna	JR	Puget Sound	1:18.18 2

Women 3000 Meter Steeplechase**Meet: 10:22.41 M 2015****Regan Yee****School: 10:13.01 W 2015****Katelyn Steen**

Name	Yr	School	Finals
Section 1			
1 Dreicer, Talia	SR	Western Wash	11:16.69 10
2 Davis, Ila	FR	Western Wash	11:26.72 8
3 Gohr, Caitlin	SO	Central Wash	11:38.68 6
4 Paquet, Sarah	FR	Pacific Luth	11:42.66 5
5 Schaffer, Sam	SR	Puget Sound	11:46.16 4
6 Strate, Katelynn	FR	Central Wash	12:21.33 3
7 Cochran, Tailer	FR	Central Wash	12:45.55 2
8 Aceves Espinoza, Maria	SR	Alaska Ancho	13:55.25 1

Women 4x100 Meter Relay**Meet: 46.75 M 2017****Kabia, Desch, Pederson, Lucas****School: 46.90 W 2010****Houplin, Howe, Brownell, Zukowski**

Team	Relay	Finals
Section 1		
1 Central Washington	A	49.59 10
1) Robydek, Morgan SR	2) Doss, Aujanique SR	
3) Hansen, Makenna SO	4) Green, Kiarra FR	

Women 4x400 Meter Relay**Meet: 3:47.00 M 2017****Mussatto, Townsend, Dodd, Desch****School: 3:47.37 W 1997****Anderson, Bomars, Green, Jones**

Team	Relay	Finals
Section 1		
1 Alaska Anchorage	A	4:09.63 10
1) Backman, Kaitlyn FR	2) Bartolaba, Haley FR	
3) Johansen, Victoria FR	4) Nyamasyo, Alfin JR	
2 Saint Martin's	A	4:13.14 8
1) Zilla, Margaret FR	2) Worthy, Makiya FR	
3) Mortensen, Eden FR	4) Walchak-Sloan, Cassidy FR	
3 Western Washington	A	4:17.00 6
1) Hurley, Karlie SR	2) Kortuem, Mallory FR	
3) Davis, Ila FR	4) Dreicer, Talia SR	
4 Saint Martin's	B	4:28.51 5
1) Yates, Kierrla FR	2) Forward, Bethany FR	
3) Smith, Alyssa SR	4) Hansen, Elaina FR	

Women High Jump**Progression: 1.44-1.49-1.54-1.59-1.64-1.69-1.72 +3cm****Meet: 1.80m M 1992****Lavolette, Vanderhoek & Abdulai****School: 1.74m W 2019****Maddie Taylor**

Name	Yr	School	Finals
Flight 1			
1 Wilson, Lauren	JR	Pacific Luth	J1.69m 10
1 Dawkins, Aliyah	JR	Western Wash	J1.69m 8
3 Vest, Ashley	SR	Saint Martin	1.59m 5.5
3 Hamilton, Rachelle	JR	Central Wash	1.59m 5.5
5 Barnhouse, Megan	FR	Pacific Luth	1.49m 4
6 Kibbee, Leanne	SO	Western Wash	1.44m 3
--- Messineo, Tabitha	SO	Pacific Luth	NH
--- Kittlitz, Katherine	FR	Puget Sound	NH

Women Pole Vault**Progression: 2.72-2.87-3.02-3.17-3.32-3.47-3.62-3.72 +10cm****Honoring Dick Henrie for helping vaulters over many years****Meet: 3.90m M 2019****Halle Irvine****School: 4.01m W 2017****Anna Paradee**

Name	Yr	School	Finals
Flight 1			
1 Perry, Lexi	SR	Western Wash	J3.32m 8
1 Fassiotto, Madison	FR	Western Wash	3.32m 10
3 Coble, Kaylee	FR	Western Wash	J3.17m 4
3 Paradis, Sophie	SO	Western Wash	J3.17m 5.5
3 Tran, Annie	FR	Western Wash	J3.17m 5.5
6 Cabrera, Brianna	JR	Saint Martin	J3.02m 1.5
6 Mallory, Alexis	FR	Central Wash	J3.02m 1.5
6 Yates, Kierrla	FR	Saint Martin	J3.02m 3
9 Moore, Audrey	SO	Central Wash	2.87m
10 Volk, Alanna	JR	Puget Sound	2.72m
--- Dodson, Hannah	JR	Western Wash	NH
--- Coleman, Allison	FR	Central Wash	NH
--- Smith, Alyssa	SR	Saint Martin	NH

2021 WWU Ralph Vernachia Invitational - 5/1/2021**Civic Stadium****Results****Women Long Jump**

Meet: 6.04m M 2007 Ruky Abdulai
 School: 5.91m W 2014 Tonya Bjornsson

Name	Yr	School	Finals
Flight 1			
1 Lagerwey, Matty	FR	Western Wash	5.59m 10
2 Taylor, Jillyan	SO	Central Wash	5.53m 8
3 Dawkins, Aliyah	JR	Western Wash	5.49m 6
4 Sanford, Jamie	SO	Western Wash	5.42m 5
5 Olson, Devon	JR	Western Wash	5.25m 4
6 Cabanos, Erica	FR	Central Wash	5.20m 3
7 Bogle, Taylor	FR	Central Wash	5.12m 2
8 Zilla, Margaret	FR	Saint Martin	4.88m 1
9 Olson, Mollie	FR	Western Wash	4.82m +0.0
10 Haskins, Naloni	JR	Puget Sound	4.77m 2.3
11 Hansen, Makenna	SO	Central Wash	4.76m 1.6
12 Barnhouse, Megan	FR	Pacific Luth	4.46m 3.1
13 Flynn, Maria	SO	Pacific Luth	3.92m 1.9

Women Triple Jump

Meet: 12.17m M 1992 Karin Grelsson
 School: 12.37m W 2012 Emily Warman

Name	Yr	School	Finals
Flight 1			
1 Hurley, Karlie	SR	Western Wash	11.82m 10
2 Olson, Devon	JR	Western Wash	11.61m 8
3 Sanford, Jamie	SO	Western Wash	11.27m 6
4 Gulley, Adrienne	JR	Pacific Luth	11.06m 5
5 Taylor, Jillyan	SO	Central Wash	10.80m 4
6 Bogle, Taylor	FR	Central Wash	10.77m 3
7 Cabanos, Erica	FR	Central Wash	10.61m 2
8 Carter, Sydney	JR	Central Wash	10.36m 1
9 Cook, Hannah	FR	Saint Martin	9.36m -0.6
10 Flynn, Maria	SO	Pacific Luth	9.03m 0.8
--- Neal, Jessica	FR	Western Wash	FOUL

Women Shot Put

Meet: 15.59m M 1987 Meg Jones
 School: 13.56m W 1988 Sherie Schroeder

Name	Yr	School	Finals
Flight 1			
1 Fisk, Avery	JR	Central Wash	13.67m 10
2 Potts, Katie	FR	Western Wash	12.55m 8
3 Saribay, Jocelyn	FR	Saint Martin	12.48m 6
4 Cleveland Barrera, Carmen	FR	Western Wash	12.13m 5
5 Dodge, Brittany	SR	Central Wash	11.83m 4
6 Crook, Mattison	FR	Western Wash	11.54m 3
7 Sidibe, Saran	SO	Central Wash	11.40m 2
8 Kaufman, Jasmine	FR	Western Wash	11.01m 1
9 Messineo, Tabitha	SO	Pacific Luth	10.82m

Women Discus Throw

Meet: 50.29m M 2016 Quinn Erickson
 School: 47.61m W 2006 Jessica Telleria

Name	Yr	School	Finals
Flight 1			
1 Fisk, Avery	JR	Central Wash	44.32m 10
2 Potts, Katie	FR	Western Wash	42.11m 8
3 Coe, Taliah	SO	Western Wash	40.56m 6
4 Sidibe, Saran	SO	Central Wash	39.37m 5
5 Crook, Mattison	FR	Western Wash	37.08m 4
6 Elenbaas, Payton	FR	Central Wash	37.01m 3
7 Santos, Peyton	FR	Pacific Luth	37.00m 2
8 Mahitka, Sydney	FR	Central Wash	35.52m 1
9 Harris, Katelyn	JR	Pacific Luth	33.04m
10 Capps, Emily	JR	Pacific Luth	32.78m
11 Saribay, Jocelyn	FR	Saint Martin	31.55m
12 Kaufman, Jasmine	FR	Western Wash	28.62m

Women Hammer Throw

Meet: 60.05m M 2017 Camryn Rogers
 School: 55.58m W 4/26/2014 Lindsay Wells

Name	Yr	School	Finals
Flight 1			
1 Smallbeck, Meagan	JR	Central Wash	54.11m 10
2 Harris, Katelyn	JR	Pacific Luth	47.91m 8
3 Westfall, Raine	FR	Western Wash	45.37m 6
4 Pesina, Mercedes	SO	Central Wash	45.26m 5
5 Potts, Katie	FR	Western Wash	42.54m 4
6 Crook, Mattison	FR	Western Wash	42.10m 3
7 Elenbaas, Payton	FR	Central Wash	40.98m 2
8 Dodge, Brittany	SR	Central Wash	39.07m 1
9 Santos, Peyton	FR	Pacific Luth	37.02m
10 Zilla, Johanna	FR	Saint Martin	36.41m
11 Capps, Emily	JR	Pacific Luth	27.04m
--- Messineo, Tabitha	SO	Pacific Luth	FOUL

Women Javelin Throw

Meet: 54.69m M 2016 Krista Woodward
 School: 54.97m W 2016 Katie Reichert

Name	Yr	School	Finals
Flight 1			
1 Swartout, Samantha	SO	Puget Sound	44.04m 10
2 Vetto, Natalie	SR	Western Wash	43.64m 8
3 Duenninger, Carlotta	FR	Alaska Ancho	38.39m 6
4 Pytynia-Hillier, Grace	SO	Puget Sound	36.30m 5
5 Johnson, Kylee	SO	Pacific Luth	32.80m 4
6 Messineo, Tabitha	SO	Pacific Luth	27.57m 3

Men 100 Meter Dash

Meet: 10.3h M 1983 Marty Krulee
 School: 10.22 W 2015 Alex Donigian

Name	Yr	School	Finals
Section 1 Wind: 2.0			
1 Greenwalt, Ryan	FR	Western Wash	10.90 10
2 Davis, Zachary	JR	Central Wash	10.91 8

2021 WWU Ralph Vernachia Invitational - 5/1/2021

Civic Stadium

Results

Section 1 Wind: 2.0 ... (Men 100 Meter Dash)

Name	Yr	School	Finals
3 Tran, David	SR	Western Wash	11.12 5
4 Horwath, Harry	JR	Central Wash	11.12 4
5 Hylton, Oshane	SR	Alaska Ancho	11.34 2
6 Schulz, Josh	SR	Saint Martin	11.39 1
--- Campbell, Enrique	SO	Alaska Ancho	DNF

Section 2 Wind: -0.4

1 Armstrong, Landon	SO	Saint Martin	11.10 6
2 Schulz, Andrew	FR	Saint Martin	11.56
3 Stilnovich, Joe	SR	Pacific Luth	11.62
4 Rhinelander, Colby	FR	Pacific Luth	11.68
5 Alapai, Jai	FR	Pacific Luth	11.68
6 Serrao, Alec	FR	Pacific Luth	11.71
7 Tam-Switzer, Cheyn	FR	Pacific Luth	11.73
8 Blevins, Brennon	FR	Pacific Luth	11.78

Section 3 Wind: 2.2

1 Woodard, Tyrone	FR	Western Wash	11.14 3
2 Lewis, Trevino	SO	Puget Sound	11.63
3 Armstrong, Logan	SR	Saint Martin	11.70
4 Washington, Silas	JR	Puget Sound	11.78
5 Bonicatto, Jack	SO	Puget Sound	12.04
6 Gutierrez, Ismael	SO	Puget Sound	12.35

Men 200 Meter Dash

Meet: 20.9h M 1983 Marty Krulee
School: 20.93 W 2016 Alex Donigian

Name	Yr	School	Finals
Section 1 Wind: 1.2			
1 Welch, Bryant	JR	Western Wash	21.99 10
2 Armstrong, Landon	SO	Saint Martin	22.21 8
3 Wagner, Joshua	FR	Alaska Ancho	22.27 6
4 Davis, Zachary	JR	Central Wash	22.42 5
5 Horwath, Harry	JR	Central Wash	22.54 4
6 Porter, Doc	SR	Central Wash	22.55 3

Section 2 Wind: 2.0

1 McAllister, Cyrus	JR	Western Wash	23.00 2
2 Daniels, Mark	SO	Western Wash	23.02 1
3 Tam-Switzer, Cheyn	FR	Pacific Luth	23.22
4 Witters, Ryan	SO	Western Wash	23.25
5 Belanger, Jacob	FR	Alaska Ancho	23.35
6 Stilnovich, Joe	SR	Pacific Luth	23.40
7 Alapai, Jai	FR	Pacific Luth	23.56

Section 3 Wind: 3.4

1 Albertin, Austin	JR	Central Wash	23.19
2 Franco, Zachary	FR	Saint Martin	23.50
3 Lewis, Trevino	SO	Puget Sound	23.77
4 Carey, Carson	SO	Puget Sound	24.10
5 Gutierrez, Ismael	SO	Puget Sound	25.32

Men 400 Meter Dash

Meet: 46.9h M 2016 Nathan George
School: 47.25 W 1994 Marc Hill

Name	Yr	School	Finals
Section 1			
1 Welch, Bryant	JR	Western Wash	49.05 10
2 Porter, Doc	SR	Central Wash	49.44 8
3 Brenek, Lucas	FR	Western Wash	49.98 6
4 Daniels, Mark	SO	Western Wash	50.73 5
5 Franco, Zachary	FR	Saint Martin	50.87 4
6 Witters, Ryan	SO	Western Wash	51.73 3
7 Chhim, Sonny	JR	Western Wash	52.37 2
8 Belanger, Jacob	FR	Alaska Ancho	54.33

Section 2

1 Carey, Carson	SO	Puget Sound	54.02 1
2 Dela Cruz, Skyler	SO	Puget Sound	55.87

Men 800 Meter Run

Meet: 1:50.88 M 2007 Nectaly Barbosa
School: 1:49.84 W 2000 Devin Kemper

Name	Yr	School	Finals
Section 1			
1 Franks, Macauley	JR	Western Wash	1:55.76 10
2 Knowles, Brock	FR	Western Wash	1:56.67 8
3 Wani, Rudu	SO	Saint Martin	1:58.52 6
4 Goodwin, Hezekiah	JR	Pacific Luth	1:58.96 5
5 Solvberg, Spencer	SO	Central Wash	2:00.98 4
6 Bursch, Ethan	FR	Western Wash	2:01.94 3
7 Kallmeyer, Emmett	SO	Puget Sound	2:03.84 1
8 Johnson, Bryce	JR	Pacific Luth	2:06.33

Section 2

1 Barnert, Jacob	FR	Central Wash	2:03.15 2
2 Wright, Will	FR	Pacific Luth	2:05.21
3 DeWitt, Cody	JR	Puget Sound	2:05.38
4 Monaghan, Colin	JR	Puget Sound	2:13.70
5 Diamond, Espen	FR	Central Wash	2:15.30
6 Dela Cruz, Skyler	SO	Puget Sound	2:15.84

Men 1500 Meter Run

Meet: 3:50.6h M 1984 Gary Gustafson
School: 3:44.82 W 2021 Calahan Warren

Name	Yr	School	Finals
Section 1			
1 Monaghan, Colin	JR	Puget Sound	4:07.44 10
2 DeWitt, Cody	JR	Puget Sound	4:07.53 8
3 Robak, Trey	SO	Pacific Luth	4:16.21 6
4 Kallmeyer, Emmett	SO	Puget Sound	4:17.98 5
5 Sundt, Zack	SO	Central Wash	4:22.82 4
6 Hough, Garrett	FR	Central Wash	4:23.17 3
7 Samson, Daniel	JR	Pacific Luth	4:23.47 2
8 Arcos, Erick	SO	Pacific Luth	4:24.46 1
9 Stewart, Max	FR	Puget Sound	4:28.02

2021 WWU Ralph Vernachia Invitational - 5/1/2021**Civic Stadium****Results****Men 5000 Meter Run****Brent Golden Memorial****Meet: 14:22.0h M 1984****Ross Chilton****School: 14:10.43 W 2011****Jordan Welling**

Name	Yr	School	Finals
Section 1			
1	McDermott, Kevin	FR Western Wash	14:33.21 10
2	Stracke, Ryan	FR Pacific Luth	14:43.51 8
3	Nash, Cole	FR Alaska Ancho	14:46.88 6
4	Oslin, Andrew	JR Saint Martin	14:50.29 5
5	Alderfer, Jared	FR Western Wash	15:06.35 4
6	Savely, Ty	FR Central Wash	15:16.57 3
7	Sands, Sean	FR Western Wash	15:29.17 2
8	Farrell, Jack	SO Saint Martin	15:39.11 1
9	Gill, Rajesh	JR Central Wash	15:47.76
10	Duke, Solomon	FR Western Wash	15:57.91
11	Barnhart, Donovan	SO Central Wash	16:03.74
12	Clough, Shawn	FR Central Wash	16:13.18
13	Cortes, Isaac	FR Saint Martin	16:24.38
14	Lapic, Ethan	SO Central Wash	16:30.36
15	Sarysz, Nick	FR Saint Martin	16:31.60
16	Thompson, Dylan	FR Central Wash	16:39.02
---	Sundt, Zack	SO Central Wash	DNF
---	Moos, Jacob	SO Alaska Ancho	DNF
---	Warren, Calahan	SR Western Wash	DNF
---	Korta, Kaleb	JR Western Wash	DNF
---	Rivera, Mateo	SO Central Wash	DNF

Men 110 Meter Hurdles**Meet: 14.25 M 2016****Travis Milbrandt****School: 14.19 W 2016****Travis Milbrandt**

Name	Yr	School	Finals
Section 1 Wind: 2.1			
1	Cummings, Cordell	SR Western Wash	14.53 10
2	Wagner, Joshua	FR Alaska Ancho	14.62 8
3	Okezie, Koby	SO Western Wash	14.79 6
4	Boyd, Andrew	FR Saint Martin	15.31 5
5	Edwards, Jaden	FR Western Wash	15.81 4
---	Flick, Hunter	FR Western Wash	DQ

Men 400 Meter Hurdles**Meet: 53.06 M 2016****Bernari Sternen****School: 51.9h W 1973****Mike Vorce**

Name	Yr	School	Finals
Section 1			
1	Cummings, Cordell	SR Western Wash	53.57 10
2	Vallatini, Gunner	SR Central Wash	54.69 8
3	Albertin, Austin	JR Central Wash	55.85 6
4	Bushnell, Daryl	JR Alaska Ancho	56.78 5
5	Boyd, Andrew	FR Saint Martin	57.02 4
6	McGill, Andrew	FR Alaska Ancho	58.14 3
7	Edwards, Jaden	FR Western Wash	58.28 2
Section 2			
1	Hurd, Collin	JR Alaska Ancho	58.40 1
2	Engelbretsen, Kale	FR Western Wash	58.67

3	Tabary, Guillaume	JR Saint Martin	1:00.60
4	Crutcher, Case	FR Puget Sound	1:08.47

Men 3000 Meter Steeplechase**Meet: 8:51.86 M 2013****Donn Cabral****School: 8:59.67 W 2016****Matt Lutz**

Name	Yr	School	Finals
Section 1			
1	Gillingham, Jeret	FR Western Wash	9:03.33 10
2	Franks, Macauley	JR Western Wash	9:05.12 8
3	Korta, Kaleb	JR Western Wash	9:17.05 6
4	Fay, Ian	JR Western Wash	9:28.47 5
5	Maier, Jonny	SO Pacific Luth	9:33.30 4
6	Warren, Calahan	SR Western Wash	9:41.04 3
7	Lusis, Stefans	FR Pacific Luth	9:55.88 2
8	Maier, Jonah	FR Pacific Luth	10:08.15 1
9	Harwell, Michael	FR Saint Martin	10:13.00
10	Diamond, Espen	FR Central Wash	10:23.47
11	Hutchins, Tate	FR Central Wash	11:09.68
---	Rice, Marcus	JR Saint Martin	DNF

Men 4x100 Meter Relay**Meet: 41.40 M 2012****Pangilinan, Gruger, Tilley, Steffen****School: 41.35 W 1997****Lewis, Dilling, Susee, Lynch**

Team		Relay	Finals	
Section 1				
1	Western Washington	A	42.93	10
	1) Woodard, Tyrone FR		2) Flick, Hunter FR	
	3) Daniels, Mark SO		4) Tran, David SR	
2	Puget Sound	A	44.85	8
	1) Washington, Silas JR		2) Bonicatto, Jack SO	
	3) Carey, Carson SO		4) Lewis, Trevino SO	
3	Western Washington	B	55.47	6
	1) Cummings, Cordell SR		2) Okezie, Koby SO	
	3) Edwards, Jaden FR		4) Witters, Ryan SO	
---	Pacific Lutheran	A	DNF	
	1) Rhineland, Colby FR		2) Tam-Switzer, Cheyn FR	
	3) Stilnovich, Joe SR		4) Serrao, Alec FR	

Men 4x400 Meter Relay**Alex Binkerd Memorial****Meet: 3:14.15 M 2013****Poolman, Schmidt, Nokes, Smith****School: 3:14.15 W 2013****Poolman, Schmidt, Nokes, Smith**

Team		Relay	Finals	
Section 1				
1	Central Washington	A	3:24.62	10
	1) Albertin, Austin JR	2) Vallatini, Gunner SR		
	3) Solvberg, Spencer SO	4) Porter, Doc SR		
2	Pacific Lutheran	A	3:32.82	8
	1) Stilnovich, Joe SR	2) Tam-Switzer, Cheyn FR		
	3) Alapai, Jai FR	4) Goodwin, Hezekiah JR		

2021 WWU Ralph Vernachia Invitational - 5/1/2021

Civic Stadium

Results

Section 1 ... (Men 4x400 Meter Relay)

Team	Relay	Finals
3 Alaska Anchorage	A	3:33.48 6
1) Bushnell, Daryl JR	2) McGill, Andrew FR	
3) Belanger, Jacob FR	4) Nash, Cole FR	
4 Pacific Lutheran	B	3:48.33 5
1) Stracke, Ryan FR	2) Tucey, Ethan FR	
3) Wright, Will FR	4) Johnson, Bryce JR	
5 Central Washington	B	3:51.15 4
1) Barnert, Jacob FR	2) Hough, Garrett FR	
3) Diamond, Espen FR	4) Clough, Shawn FR	

Men High Jump

Progression: 1.71-1.76-1.81-1.86-1.91-1.96-2.01-2.06 +3cm

Meet:	2.20m M 2012	Mike Mason	
School:	2.14m W 2001	Nathan Lindeman	
Name	Yr	School	Finals
Flight 1			
1 Kibler, Trent	FR	Western Wash	J1.91m 8
1 Sterkel, Ethan	SO	Western Wash	J1.91m 10
3 Manju, Iyan	SO	Western Wash	1.86m 6
4 Boyd, Andrew	FR	Saint Martin	1.81m 5
--- Bonicatto, Jack	SO	Puget Sound	NH

Men Pole Vault

Progression: 3.66-3.81-3.96-4.11-4.26-4.41-4.56-4.66 +10cm

Honoring Dick Henrie for helping vaulters over many years

Meet:	5.25m M 2011	Ryan Brown			
School:	5.40m W 2010	Ryan Brown			
Name	Yr	School	Finals		
Flight 1					
1	Solomon, Corey	JR Pacific Luth	J4.41m	8	
1	Provo, Kacey	FR Western Wash	J4.41m	10	
3	Alfred, Andrew	JR Saint Martin	4.11m	6	
4	Forbes, Drew	SO Pacific Luth	J3.96m	4	
4	Okinaka, Deylan	FR Central Wash	J3.96m	5	
6	Halme, Tyrel	FR Western Wash	3.81m	3	
---	Leahy, Blake	FR Pacific Luth	NH		
---	Holy, Cooper	FR Western Wash	NH		

Men Long Jump

Meet:		7.19m M 2016	Kevin Yates		
School:		7.36m W 2015	Brett Watson		
Name		Yr	School	Finals	
Flight 1					
1	Tran, David	SR	Western Wash	7.14m	10
2	Greenwalt, Ryan	FR	Western Wash	7.08m	8
3	Sterkel, Ethan	SO	Western Wash	7.06m	6
4	Schulz, Josh	SR	Saint Martin	6.78m	5
5	Davis, Zachary	JR	Central Wash	6.54m	4
6	Kenny, Ryan	FR	Western Wash	6.45m	3
7	Schulz, Andrew	FR	Saint Martin	6.43m	2
8	Mercado, Damian	FR	Western Wash	6.27m	0.5
8	McAllister, Cyrus	JR	Western Wash	6.27m	0.5
10	Washington, Silas	JR	Puget Sound	6.15m	NWI
11	Claxton, Cooper	FR	Pacific Luth	5.92m	NWI

12 Blevins, Brennon FR Pacific Luth 5.58m NWI

Men Triple Jump

Meet: 15.11m M 2004 Justin Lawrence

School: 15.17m W 1988 Jerry Hopper

Name	Yr	School	Finals
Flight 1			
1 Schulz, Josh	SR	Saint Martin	13.20m 10
2 Claxton, Cooper	FR	Pacific Luth	11.84m 8
3 McCullough, Cooper	JR	Saint Martin	11.47m 6
--- Mercado, Damian	FR	Western Wash	FOUL

Men Shot Put

Meet: 16.88m M 4/26/2014 Frank Catelli

School: 18.55m W 2014 Frank Catelli

Name	Yr	School	Finals
Flight 1			
1 Bridge, Seth	JR	Pacific Luth	16.46m 10
2 Malquist, Ben	JR	Western Wash	16.02m 8
3 Au-Haupt, Micah	JR	Saint Martin	13.83m 6
4 Ciari, Peter	SR	Puget Sound	13.48m 5
5 Tayon, Wyatt	FR	Pacific Luth	13.22m 4
6 Real, Masum	FR	Pacific Luth	13.08m 3
7 Fairbairn, Larson	FR	Pacific Luth	12.30m 2
8 Kiphart, Hunter	JR	Saint Martin	11.95m 1
9 Miller, Sean	FR	Puget Sound	11.18m
10 Bridges, Mason	FR	Puget Sound	9.77m
11 Kenny, Ryan	FR	Western Wash	9.55m
12 Cummings, Cooper	SO	Western Wash	8.80m
13 Overton-Buckner, Joseph	FR	Puget Sound	7.94m
14 Minamiji, Aidan	FR	Puget Sound	7.85m
--- Poplin, Ben	SO	Pacific Luth	FOUL

Men Discus Throw

Meet: 55.55m M 2009 Nik Kay

School: 54.07m W 2015 Ryan Macdonald

Name	Yr	School	Finals
Flight 1			
1 Real, Masum	FR	Pacific Luth	39.63m 1
2 Miller, Sean	FR	Puget Sound	30.49m
3 Bridges, Mason	FR	Puget Sound	30.34m
4 Cummings, Cooper	SO	Western Wash	27.49m
5 Kenny, Ryan	FR	Western Wash	26.69m
6 Minamiji, Aidan	FR	Puget Sound	25.59m
7 Overton-Buckner, Joseph	FR	Puget Sound	21.30m

Flight 2

1 Bridge, Seth	JR	Pacific Luth	48.92m 10
2 Malquist, Ben	JR	Western Wash	44.86m 8
3 Franklin, Wyatt	FR	Central Wash	43.82m 6
4 Napeahi, Martin	SO	Central Wash	43.41m 5
5 Young, Omar	FR	Central Wash	42.12m 4
6 Au-Haupt, Micah	JR	Saint Martin	41.88m 3
7 Fairbairn, Larson	FR	Pacific Luth	41.28m 2
8 Tayon, Wyatt	FR	Pacific Luth	39.55m
9 Ciari, Peter	SR	Puget Sound	34.54m
10 Kiphart, Hunter	JR	Saint Martin	32.25m

2021 WWU Ralph Vernnachia Invitational - 5/1/2021**Civic Stadium****Results****Men Hammer Throw****Meet: 66.38m M 1985****Harold Willers****School: 62.87m W 2011****Michael Hoffman**

	Name	Yr	School	Finals
Flight 1				
1	Harris, Andrew	SR	Central Wash	57.86m 10
2	Tonder, Ethan	SR	Central Wash	54.17m 8
3	Beaton, Angus	JR	Central Wash	52.44m 6
4	Bridge, Seth	JR	Pacific Luth	50.40m 5
5	Young, Omar	FR	Central Wash	45.90m 4
6	Peralta, Noa	FR	Saint Martin	44.83m 3
7	Fairbairn, Larson	FR	Pacific Luth	41.94m 2
8	Poplin, Ben	SO	Pacific Luth	39.83m 1
9	Ciari, Peter	SR	Puget Sound	38.92m
10	Malquist, Ben	JR	Western Wash	38.16m
11	Miller, Sean	FR	Puget Sound	30.14m
12	Bridges, Mason	FR	Puget Sound	24.71m
13	Overton-Buckner, Joseph	FR	Puget Sound	24.55m
14	Minamiji, Aidan	FR	Puget Sound	22.94m
---	Harris, Cade	SR	Saint Martin	FOUL

Men Javelin Throw**Meet: 68.70m M 2009****Curtis Moss****School: 70.23m W 2015****Slater Hirst**

	Name	Yr	School	Finals
Flight 1				
1	Tryon, Jaydon	SO	Western Wash	54.38m 10
2	Salley, Mason	SR	Western Wash	52.60m 8
3	Witters, Sean	FR	Western Wash	52.05m 6
4	Armstrong, Landon	SO	Saint Martin	48.20m 5
5	Blevins, Brennon	FR	Pacific Luth	45.65m 4
6	Stilnovich, Rudy	FR	Pacific Luth	36.07m 3

Women - Team Rankings - 19 Events Scored

1)	Western Washington	200
2)	Central Washington	186
3)	Saint Martin's	102
4)	Pacific Lutheran	78
5)	Alaska Anchorage	70
6)	Puget Sound	59

Men - Team Rankings - 19 Events Scored

1)	Western Washington	279
2)	Central Washington	128
3)	Pacific Lutheran	109
4)	Saint Martin's	92
5)	Puget Sound	38
6)	Alaska Anchorage	37