

PLU Open - 3/12/2022**Pacific Lutheran Track****Results - day of meet****Women 100 Meter Dash**

	Name	School	Finals
Section 1 Wind: 0.3			
1	Hollis, E'Lexis	Central Wash	12.22
2	Hansen, Makenna	Central Wash	12.22
3	greene, anisha	Unattached	12.34
4	Williams, Juliette	Central Wash	12.44
5	Straub, Mattason	Everett CC	12.66
6	Young, Makaylee	Central Wash	12.96
7	Green, Kiarra	Central Wash	13.16
8	Lewis, Jackilyn	Puget Sound	13.60

Section 2 Wind: -0.5

1	Chandler, Lauryn	Central Wash	13.14
2	Cox, Lorin	Pacific Luth	13.16
3	Vu, Madison	Saint Martin	13.20
4	Cabanas, Erica	Central Wash	13.21
5	Konrad, Shawnee	Western Wash	13.80

Section 3 Wind: -1.1

1	Evelyn-Wahl, Micaela	Green River	14.21
2	Karsten, Karlie	Green River	14.29
3	Bradshaw, Victoria	Puget Sound	14.36
4	Vicente, Barbara	Olympic Coll	14.40
5	Jonkers, Suzanne	Green River	14.52
6	Burrow, Adina	Green River	15.03
7	Largusa, Aaliah	Puget Sound	15.18

Section 4 Wind: -0.7

1	Zilla, Margaret	Saint Martin	13.79
2	Youngs, Allie	Pacific Luth	14.08
3	Ballard, Emelia	Seattle Paci	14.32
4	Lxmay, Angelina	Olympic Coll	14.63
5	Chen, Michaela	Puget Sound	15.94

Women 200 Meter Dash

	Name	School	Finals
Section 1 Wind: -0.9			
1	Hansen, Makenna	Central Wash	25.14
2	greene, anisha	Unattached	25.29
3	Williams, Juliette	Central Wash	26.15
4	Hollis, E'Lexis	Central Wash	26.43
5	Vu, Madison	Saint Martin	27.37
6	Chandler, Lauryn	Central Wash	27.37

Section 2 Wind: -1.3

1	Straub, Mattason	Everett CC	26.87
2	Hatch, Tracey	Everett CC	27.21
3	Cox, Lorin	Pacific Luth	27.48
4	Behnke, Lizzy	Northwest U.	27.74
5	Konrad, Shawnee	Western Wash	28.41
6	Evelyn-Wahl, Micaela	Green River	28.91
7	Bradshaw, Victoria	Puget Sound	29.13
8	Karsten, Karlie	Green River	29.41

Section 3 Wind: -0.2

1	Brewer, Iyanah	Everett CC	28.37
2	Jonkers, Suzanne	Green River	29.00
3	Hill, Maya	Olympic Coll	29.24

4	Ballard, Emelia	Seattle Paci	29.35
5	Barnes, Jamira	Everett CC	29.99
6	Burrow, Adina	Green River	30.11
7	Largusa, Aaliah	Puget Sound	31.04
8	Chen, Michaela	Puget Sound	32.05

Section 4 Wind: -0.3

1	Vicente, Barbara	Olympic Coll	29.66
2	Franco, Felicia	Northwest U.	33.62

Women 400 Meter Dash

	Name	School	Finals
Section 1			
1	Igbonagwam, Peace	Seattle Paci	57.91
2	Brown, Johanna	Seattle Paci	1:00.59
3	Green, Aniya	Seattle Paci	1:01.47
4	Cheney, Caitlyn	Western Wash	1:01.89
5	Hill, Maya	Olympic Coll	1:05.97

Women 800 Meter Run

	Name	School	Finals
Section 1			
1	Aniteye, Vanessa	Seattle Paci	2:12.31
2	Crocker, Mia	Western Wash	2:14.00
3	Wright, Sophie	Western Wash	2:14.77
4	Rising, Ellie	Seattle Paci	2:17.03
5	Michael, Libby	Seattle Paci	2:19.42
6	Diviney, Zoey	Pacific Luth	2:22.60
7	Washenberger, Kelsey	Seattle Paci	2:34.43

Section 2

1	Sioda, Alexia	Pacific Luth	2:27.82
2	Parisien, Kayla	Green River	2:27.98
3	Lester, Kay	Central Wash	2:28.51
4	Clark, McKenna	Puget Sound	2:28.58
5	Thompson, Madison	Central Wash	2:28.83
6	Kim, Ally	Whitman	2:30.14
7	Lindley, Victoria	Pacific Luth	2:34.18

Section 3

1	Jahn, Olivia	Green River	2:43.64
2	Mullen, Claire	Puget Sound	2:46.49
3	Alonzo-Miguel, Chana	Olympic Coll	2:47.80
4	Pinson, Olivia	Green River	2:48.16
5	Davis, Emma	Olympic Coll	2:49.59
6	Vandenbosch, Payton	Green River	2:49.96
7	Cramer, Lucy	Puget Sound	2:52.86
8	Valdez, Allison	Olympic Coll	2:54.25
9	Fanselow, Cora	Puget Sound	3:00.12

Women 1500 Meter Run

	Name	School	Finals
Section 1			
1	Rising, Ellie	Seattle Paci	4:45.13
2	Wedin, Brook	Western Wash	4:46.21
3	Yorges, Nicki	Seattle Paci	4:57.40
4	Maurer, Delphine	Western Wash	4:57.95
5	Calquhoun, Ellie	Northwest U.	5:04.28
6	Child, Madison	Central Wash	5:07.64

PLU Open - 3/12/2022**Pacific Lutheran Track****Results - day of meet****Section 1 ... (Women 1500 Meter Run)**

	Name	School	Finals
7	Park, Joan	Pacific Luth	5:09.96
8	Goedde, Sam	Northwest U.	5:13.38
9	Iverson, Anna	Pacific Luth	5:13.51
10	Gerardi, Grace	Northwest U.	5:13.57

Section 2

1	Mullen, Claire	Puget Sound	5:32.96
2	Valdez, Allison	Olympic Coll	5:34.13
3	Davis, Emma	Olympic Coll	5:41.20
4	Shepler, Tabea	Evergreen St	5:42.02
5	Alonzo-Miguel, Chana	Olympic Coll	5:48.88
6	Turner, Lily	Puget Sound	5:54.26
7	Olvera, Alex	Evergreen St	5:55.66
8	Foster, Caelyn	Everett CC	6:00.24

Women 5000 Meter Run

	Name	School	Finals
1	Buttleman, Dori	Whitman	19:14.95
2	Heesacker, Jenna	Central Wash	20:43.48
3	Bateman, Rosamarie	Unattached	20:44.62

Women 100 Meter Hurdles

	Name	School	Finals
Section 1 Wind: 0.1			
1	Chandler, Lauryn	Central Wash	14.78
2	DeChenne, McCall	Central Wash	14.91
3	Hulquist, Kayden	Pacific Luth	15.30
4	Cintron, Gabriela	Saint Martin	15.88
5	Brutus, Esther	Pacific Luth	17.20
6	Strickland, Abigail	Evergreen St	17.22
7	Porter, Isabella	Olympic Coll	17.28

Section 2 Wind: +0.0

1	Brewer, Iyanah	Everett CC	17.74
2	Barnes, Katelyn	Olympic Coll	19.51
---	Parker, Corona	Evergreen St	DNF

Women 400 Meter Hurdles

	Name	School	Finals
Section 1			
1	DeChenne, McCall	Central Wash	1:02.21
2	Causbie, Julia	Pacific Luth	1:06.14
3	Hulquist, Kayden	Pacific Luth	1:06.48
4	Bates, Naomi	Western Wash	1:08.48
5	Brutus, Esther	Pacific Luth	1:09.19
6	Strickland, Abigail	Evergreen St	1:10.01
7	Porter, Isabella	Olympic Coll	1:13.09

Women 3000 Meter Steeplechase

	Name	School	Finals
Section 1			
1	Davis, Ila	Western Wash	10:54.62
2	Deazley, Annika	Pacific Luth	13:08.35

Women 4x100 Meter Relay

	Team	Relay	Finals
Section 1			
1	Seattle Pacific	A	47.37
	1) Igbonagwam, Peace	2) Aniteye, Vanessa	
	3) Green, Aniya	4) Bouyer, Jenna	
2	Central Washington	A	47.46
	1) Hansen, Makenna	2) Ochoa, Yareli	
	3) Hollis, E'Lexis	4) Williams, Juliette	
3	Olympic College	A	53.08
	1) Johnson, Nyaijah	2) Hill, Maya	
	3) Barnes, Katelyn	4) Porter, Isabella	
4	Green River College	A	55.82
	1) Jonkers, Suzanne	2) Vandembosch, Payton	
	3) Burrow, Adina	4) Karsten, Karlie	

Women 4x400 Meter Relay

	Team	Relay	Finals
Section 1			
1	Seattle Pacific	A	4:03.55
	1) Igbonagwam, Peace	2) Aniteye, Vanessa	
	3) Bouyer, Jenna	4) Rising, Ellie	
2	Western Washington	A	4:15.96
	1) Crocker, Mia	2) Wright, Sophie	
	3) Davis, Ila	4) Maurer, Delphine	
3	Pacific Lutheran	A	4:26.74
	1) Causbie, Julia	2) Hulquist, Kayden	
	3) Sioda, Alexia	4) Diviney, Zoey	
4	Central Washington	B	4:29.76
	1) Child, Madison	2) Gohr, Caitlin	
	3) Lester, Kay	4) Thompson, Madison	
5	Olympic College	A	4:33.15
	1) Vicente, Barbara	2) Porter, Isabella	
	3) Barnes, Katelyn	4) Hill, Maya	
6	Northwest U.	A	4:38.56
	1) Behnke, Lizzy	2) Calquhoun, Ellie	
	3) Gerardi, Grace	4) Stottlemire, Gretchen	
7	Green River College	A	4:45.25
	1) Karsten, Karlie	2) Parisien, Kayla	
	3) Jonkers, Suzanne	4) Jahn, Olivia	
8	Olympic College	B	5:14.57
	1) Johnson, Nyaijah	2) Alonzo-Miguel, Chana	
	3) Valdez, Allison	4) Davis, Emma	

Women High Jump

	Name	School	Finals
Flight 1			
1	Parker, Corona	Evergreen St	J1.56m
2	Youngs, Allie	Pacific Luth	J1.46m
2	Barnes, Jamira	Everett CC	J1.46m
4	DeChenne, McCall	Central Wash	J1.36m
5	Brandt, Sarah	Pacific Luth	J1.31m
5	Barnes, Katelyn	Olympic Coll	J1.31m

PLU Open - 3/12/2022**Pacific Lutheran Track****Results - day of meet**

Women Pole Vault				3	Fuiava, Pono	Olympic Coll	40.53m
Name School Finals				4	Santos, Peyton	Pacific Luth	37.92m
Flight 1				5	Wirth, Eva	Pacific Luth	37.88m
1	Luksich, Lily	Pacific Luth	J3.60m	6	Elenbaas, Payton	Central Wash	35.76m
2	Licari, Madison	Seattle Paci	J3.35m	7	Stewart, Lily	Evergreen St	35.73m
2	Hill, Charlie	Seattle Paci	J3.35m	8	Kaufman, Jasmine	Western Wash	35.52m
4	Daugherty, Lizzy	Seattle Paci	3.20m	9	Board, Brenna	Central Wash	32.43m
5	Coble, Kaylee	Western Wash	3.05m	10	Capps, Emily	Pacific Luth	31.48m
6	Volk, Alanna	Puget Sound	2.90m	11	Jeppsen, Madison	Unattached	29.51m
6	Nguyen, Kristine	Pacific Luth	J2.90m	12	Ramos, Carole	Pacific Luth	27.12m
6	Cabrera, Brianna	Saint Martin	2.90m	13	Gerber-Perham, Brooke	Olympic Coll	26.14m
6	Konrad, Shawnee	Western Wash	J2.90m	14	Franco, Felicia	Northwest U.	25.95m
10	Northey, Emily	Seattle Paci	2.75m	15	Sartain, Sydnee	Green River	24.92m
10	Buckmaster, Riley	Pacific Luth	2.75m	Women Hammer Throw			
10	Goodell, Allison	Puget Sound	2.75m	Name School Finals			
---	Saathoff, Jessica	Pacific Luth	NH	Flight 1			
Women Long Jump				1	Mendoza, Jazmin	Central Wash	40.72m
Name School Finals				2	Board, Brenna	Central Wash	39.30m
Flight 1				3	Kaufman, Jasmine	Western Wash	37.33m
1	Causbie, Julia	Pacific Luth	4.99m +0.0	4	Cleveland Barrera, Carmen	Western Wash	33.99m
2	Cabanos, Erica	Central Wash	4.96m -0.2	5	Capps, Emily	Pacific Luth	33.54m
3	Young, Makaylee	Central Wash	4.95m +0.0	6	Bomhoff, Erica	Evergreen St	29.67m
4	Hulquist, Kayden	Pacific Luth	4.84m -0.1	7	Flowers, Quinci	Saint Martin	27.22m
5	Brandt, Sarah	Pacific Luth	4.51m -1.2	8	Ramos, Carole	Pacific Luth	26.39m
6	Cheney, Caitlyn	Western Wash	4.43m -0.1	Flight 2			
7	Kahananui, Shaunya	Olympic Coll	4.08m -1.5	1	Westfall, Raine	Western Wash	49.38m
Women Triple Jump				2	Elenbaas, Payton	Central Wash	42.27m
Name School Finals				3	Santos, Peyton	Pacific Luth	40.89m
Flight 1				4	Messineo, Tabitha	Pacific Luth	40.32m
1	Causbie, Julia	Pacific Luth	10.09m +0.0	5	Wirth, Eva	Pacific Luth	39.30m
---	Brandt, Sarah	Pacific Luth	FOUL	6	Fuiava, Pono	Olympic Coll	33.98m
Women Shot Put				7	Valmonte, Alessandra	Unattached	29.25m
Name School Finals				---	Pesina, Mercedes	Central Wash	FOUL
Flight 1				Women Javelin Throw			
1	Fisk, Avery	Central Wash	12.53m	Name School Finals			
2	Fuiava, Pono	Olympic Coll	12.08m	Flight 1			
3	Cleveland Barrera, Carmen	Western Wash	11.50m	1	Swartout, Machaela	Unattached	42.98m
4	Solai, Georjina	Pacific Luth	11.28m	2	Hughes, Danae	Unattached	41.97m
5	Ramos, Carole	Pacific Luth	10.94m	3	Nelson, Ava	Pacific Luth	37.24m
6	Elenbaas, Payton	Central Wash	10.76m	4	Robinson, Dasani	Green River	35.93m
7	Messineo, Tabitha	Pacific Luth	10.16m	5	Pesina, Mercedes	Central Wash	29.50m
8	Board, Brenna	Central Wash	10.14m	6	DeChenne, McCall	Central Wash	28.92m
9	Santos, Peyton	Pacific Luth	9.90m	7	Kahananui, Shaunya	Olympic Coll	28.34m
10	Jeppsen, Madison	Unattached	8.41m	8	Lxmay, Angelina	Olympic Coll	27.00m
11	Gerber-Perham, Brooke	Olympic Coll	8.31m	9	Sewell, Sarah	Central Wash	24.21m
12	Franco, Felicia	Northwest U.	7.55m	---	Stottlemire, Gretchen	Northwest U.	FOUL
13	Sewell, Sarah	Central Wash	7.42m	---	Messineo, Tabitha	Pacific Luth	FOUL
Women Discus Throw				Men 100 Meter Dash			
Name School Finals				Name School Finals			
Flight 1				Section 1 Wind: -0.7			
1	Potts, Katie	Western Wash	43.88m	1	Sanchez, Keola	Pacific Luth	11.15
2	Fisk, Avery	Central Wash	41.61m	2	Davis, Zachary	Central Wash	11.23
				3	Widmar, Bobby	Central Wash	11.24

PLU Open - 3/12/2022**Pacific Lutheran Track****Results - day of meet****Section 1 Wind: -0.7 ... (Men 100 Meter Dash)**

	Name	School	Finals
4	Russell, Michael	Unattached	11.32
5	Le, Brian	Western Wash	11.41
6	Brenck, Lucas	Western Wash	11.51
7	Daniels, Mark	Western Wash	11.85
8	Schulz, Josh	Saint Martin	11.90

Section 2 Wind: 0.3

1	Hill, Drew	Everett CC	10.67
2	Meade, Kellen	Pacific Luth	11.30
3	Sidor, Bryan	Central Wash	11.35
4	Luhr, Aiden	Everett CC	11.58
5	Serrao, Alec	Pacific Luth	11.60
6	Smith, LeBron	Pacific Luth	11.62
7	Beya, Ali	Unattached	11.71

Section 3 Wind: -0.7

1	Gray, Javon	Everett CC	11.40
2	Yost, Aiden	Pacific Luth	11.54
3	Holden, Kavon	Green River	11.74
4	Tanicala, Josh	Saint Martin	12.10
5	Krane, Elliott	Puget Sound	12.17
6	Lewis, Trevino	Puget Sound	12.24
7	Washington, Silas	Puget Sound	12.32

Section 4 Wind: -0.4

1	Sisneros-Barber, Warren	Puget Sound	11.95
2	Atkinson, Nathan	Pacific Luth	12.01
3	Heupel, Kaden	Green River	12.15
4	Hall, Leonardo	Puget Sound	12.20
5	Yu, Keegan	Green River	12.30
6	Meadowcroft, Alex	Puget Sound	12.34
7	Gutierrez, Ismael	Puget Sound	12.45
8	Nunez, Anthony	Puget Sound	13.01

Section 5 Wind: -0.4

1	Waters, Davyn	Pacific Luth	12.35
2	Kearns, Ethan	Puget Sound	12.81
3	McAfee, Ryan	Puget Sound	12.96
4	Mendoza, Raymundo	Evergreen St	13.03
5	Valdez, Jack	Puget Sound	13.28
6	Marlow, Dan	Puget Sound	17.24

Men 200 Meter Dash

	Name	School	Finals
1	Russell, Michael	Unattached	22.55
2	Le, Brian	Western Wash	22.65
3	Sidor, Bryan	Central Wash	22.75
4	Sanchez, Keola	Pacific Luth	23.19
5	Witters, Ryan	Western Wash	23.21
6	Gray, Christopher	Everett CC	23.38

Section 2 Wind: -0.1

1	Smith, LeBron	Pacific Luth	23.07
2	Beya, Ali	Unattached	23.34
3	Franco, Zachary	Unattached	23.36
4	Lewis, Trevino	Puget Sound	23.81
5	Luhr, Aiden	Everett CC	23.87

Section 3 Wind: +0.0

1	Yost, Aiden	Pacific Luth	23.57
2	Krane, Elliott	Puget Sound	23.78
3	Heupel, Kaden	Green River	23.92
4	Tanicala, Josh	Saint Martin	24.07
5	Hall, Leonardo	Puget Sound	24.62
6	Woodard, Gabe	Seattle Paci	24.90

Section 4 Wind: +0.0

1	Keeney, Seth	Evergreen St	24.30
2	Gutierrez, Ismael	Puget Sound	24.48
3	Varela, Lucas	Puget Sound	25.36
4	Yu, Keegan	Green River	25.42
5	Nunez, Anthony	Puget Sound	26.77

Section 5 Wind: 0.6

1	Boyd, Noah	Saint Martin	25.81
2	Kearns, Ethan	Puget Sound	26.21
3	McAfee, Ryan	Puget Sound	26.40
4	Valdez, Jack	Puget Sound	26.93

Men 400 Meter Dash

	Name	School	Finals
Section 1			
1	Greenwalt, Ryan	Western Wash	50.60
2	Gray, Christopher	Everett CC	50.67
3	Franco, Zachary	Unattached	50.92
4	Henry, Will	Western Wash	50.93
5	Sturdevant, Landon	Western Wash	51.75
6	Henry, Ryan	Western Wash	51.77
7	Bloom, Jonah	Western Wash	52.74

Section 2

1	Boyd, Andrew	Saint Martin	51.96
2	Buck, Tyler	Everett CC	52.48
3	Alapai, Jai	Pacific Luth	53.27
4	Keeney, Seth	Evergreen St	53.81
5	Davis III, Gary	Masters Runn	53.94
6	Woodard, Gabe	Seattle Paci	54.67
7	Varela, Lucas	Puget Sound	55.63
8	Hanisch, Jack	Puget Sound	56.22

Section 3

1	Dimick, Alec	Everett CC	53.36
2	Waterhouse, Jake	Everett CC	54.11
3	Vertefeuille, Wyatt	Olympic Coll	55.57

Men 800 Meter Run

	Name	School	Finals
Section 1			
1	Goodwin, Hezekiah	Pacific Luth	1:56.23
2	Archer, Isaiah	Seattle Paci	1:56.57
3	Aguilera Jr., Roberto	Unat-Whatcom	1:56.68
4	Ritter, Alec	Western Wash	1:58.95
5	Wilcox, Quinn	Western Wash	1:59.60
6	Owen, Jon	Seattle Paci	2:00.90
7	Solvberg, Spencer	Central Wash	2:03.61
8	Sarysz, Nicholas	Unattached	2:05.29

PLU Open - 3/12/2022**Pacific Lutheran Track****Results - day of meet****Section 2 ... (Men 800 Meter Run)**

	Name	School	Finals
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Section 2

1	Stracke, Ryan	Pacific Luth	1:57.47
2	Werner, Logan	Pacific Luth	1:58.91
3	Welch, Bryant	Western Wash	1:59.88
4	Daniels, Mark	Western Wash	1:59.96
5	Chhim, Sonny	Western Wash	2:00.79
6	Baltz, Steven	Saint Martin	2:01.14
7	Kallmeyer, Emmett	Puget Sound	2:03.22
8	Drozynski, Chris	Unattached	2:03.24
9	Morris, Connor	Thriller Tra	2:06.12

Section 3

1	Pearson, Dhevin	Green River	2:05.08
2	Davis III, Gary	Masters Runn	2:05.57
3	Esparza, Brian	Unattached	2:06.25
4	Boutin, Colin	Seattle Paci	2:06.66
5	Clough, Ryan	Olympic Coll	2:08.00
6	LeBlanc, Brennan	Seattle Paci	2:09.05
7	Endresen, Gabe	Seattle Paci	2:09.90
8	DeWitt, Cody	Puget Sound	2:10.51
9	Stewart, Max	Puget Sound	2:11.44

Section 4

1	Macdonald, Scott	Whitman	2:02.12
2	Monaghan, Colin	Puget Sound	2:04.20
3	Kopatich, Jack	Northwest U.	2:06.56
4	Hillis, Holden	Whitman	2:09.01
5	Kelly, Chance	Whitman	2:11.84
6	Baisden, Scott	Northwest U.	2:16.15
7	Hegarty, Tiernan	Olympic Coll	2:16.72
8	Cerda, Jason	Puget Sound	2:19.99

Men 1500 Meter Run

	Name	School	Finals
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Section 1

1	Kerr, Ben	Puget Sound	3:54.95
2	Aguilera Jr., Roberto	Unat-Whatcom	3:55.23
3	Sundt, Zack	Central Wash	3:58.21
4	Van Dooren, Tyler	Club Northwe	3:58.25
5	Monaghan, Colin	Puget Sound	4:00.67
6	Alderfer, Jared	Western Wash	4:05.55
7	Blinn, Jason	Western Wash	4:06.73
8	Knowles, Brock	Western Wash	4:07.36
9	Gill, Rajesh	Central Wash	4:07.55
10	Owen, Jon	Seattle Paci	4:10.53
11	DeWitt, Cody	Puget Sound	4:10.75
12	Sands, Sean	Western Wash	4:18.41

Section 2

1	Robak, Trey	Pacific Luth	4:06.79
2	Drozynski, Chris	Unattached	4:07.44
3	Boutin, Colin	Seattle Paci	4:11.24
4	LeBlanc, Brennan	Seattle Paci	4:11.53
5	Martin, Grant	Whitman	4:11.74
6	Clough, Ryan	Olympic Coll	4:16.12
7	Kallmeyer, Emmett	Puget Sound	4:16.71

8	Sanchez, Noah	Green River	4:18.71
9	Arcos, Erick	Pacific Luth	4:19.28
10	Sandoval, Andrew	Pacific Luth	4:22.04
11	Samson, Daniel	Pacific Luth	4:23.72

Section 3

1	Sheirbon, Ben	Seattle Paci	4:17.38
2	Esparza, Brian	Unattached	4:18.01
3	Endresen, Gabe	Seattle Paci	4:20.24
4	Nussbaum, Chris	Plu Alumni	4:21.17
5	Warren, Hal	Pacific Luth	4:27.90
6	Stewart, Max	Puget Sound	4:29.87
7	Hegarty, Tiernan	Olympic Coll	4:34.54
8	Hillis, Holden	Whitman	4:37.04
9	Rapacz, Kyle	Plu Alumni	4:37.27
10	Cerda, Jason	Puget Sound	4:41.51
11	Bates, Connor	Plu Alumni	5:24.44

Men 5000 Meter Run

	Name	School	Finals
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Section 1

1	Savely, Ty	Central Wash	15:11.34
2	Andrews, Dawson	Northwest U.	15:15.00
3	Ladinig, Owen	Pacific Luth	15:24.75
4	Rivera, Mateo	Central Wash	15:30.60
5	Lambert, Craig	Northwest U.	15:54.78
6	Clough, Shawn	Central Wash	16:01.66
7	Martin, Grant	Whitman	16:06.58
8	McVay, Reilly	Whitman	16:10.71
9	Peternell, Troy	Whitman	16:25.40
10	Kinege, Mapenzi	Unattached	16:43.74
11	Grothe, Jonathan	Whitman	17:31.27
12	Bennett, Casey	Central Wash	17:45.60
13	Hernandez, Antonio	Unattached	18:49.20

Men 110 Meter Hurdles

	Name	School	Finals
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Section 1 Wind: +0.0

1	Boyd, Andrew	Saint Martin	15.23
2	Wise, Aiden	Central Wash	15.60
3	Edwards, Jaden	Western Wash	15.66
4	Klein, Drew	Central Wash	15.76
5	Russell, Connor	Central Wash	15.83
6	Lemma, Grady	Pacific Luth	16.03
7	Williams, Reilly	Central Wash	18.88

Section 2 Wind: 0.9

1	Chaffin, Darius	Pacific Luth	15.61
2	Hunt, Ian	Evergreen St	16.68
---	McMillian-Thomas, Brandon	Saint Martin	DNF

Men 400 Meter Hurdles

	Name	School	Finals
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Section 1

1	Edwards, Jaden	Western Wash	56.16
2	Wise, Aiden	Central Wash	57.18
3	Williams, Reilly	Central Wash	57.93
4	Russell, Connor	Central Wash	58.16

PLU Open - 3/12/2022

Pacific Lutheran Track

Results - day of meet

Section 1 ... (Men 400 Meter Hurdles)

Name	School	Finals
5 Klein, Drew	Central Wash	59.83
6 Engebretsen, Kale	Western Wash	1:00.84
7 Lemma, Grady	Pacific Luth	1:04.30

Men 4x100 Meter Relay

Team	Relay	Finals
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Section 1

1 Pacific Lutheran A 43.19

1) Yost, Aiden 2) Sanchez, Keola

3) Serrao, Alec 4) Meade, Kellen

--- Seattle Pacific A DQ

1) Njeri, David 2) Carpenter, Evan

3) Shepherd, Julius 4) Gordon, Jeff

--- Green River College A DQ

1) Heupel, Kaden 2) Pearson, Dhevin

3) Yu, Keegan 4) Holden, Kavon

Men 4x400 Meter Relay

Team	Relay	Finals
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Section 1

1 Seattle Pacific A 3:28.14

1) Njeri, David 2) Carpenter, Evan

3) Archer, Isaiah 4) Shepherd, Julius

2 Western Washington B 3:29.07

1) Engebretsen, Kale 2) Witters, Ryan

3) Le, Brian 4) Brenek, Lucas

3 Western Washington A 3:30.20

1) Sturdevant, Landon 2) Henry, Will

3) Bloom, Jonah 4) Knowles, Brock

4 Central Washington A 3:32.75

1) Hines, Christopher 2) Sidor, Bryan

3) Wise, Aiden 4) Davis, Zachary

5 Pacific Lutheran A 3:39.65

1) Lemma, Grady 2) Goodwin, Hezekiah

3) Alapai, Jai 4) Sanchez, Keola

6 Seattle Pacific B 3:50.41

1) Owen, Jon 2) Thompson, Drew

3) Woodard, Gabe 4) Gordon, Jeff

Section 2

1 Pacific Lutheran C 3:47.29

1) Stracke, Ryan 2) Sandoval, Andrew

3) Robak, Trey 4) Arcos, Erick

2 Green River College A 3:48.07

1) Holden, Kavon 2) Heupel, Kaden

3) Yu, Keegan 4) Pearson, Dhevin

3 Pacific Lutheran B 3:51.82

1) Werner, Logan 2) Lusi, Stefans

3) Maier, Jonah 4) Samson, Daniel

4 Whitman A 3:59.99

1) Hillis, Holden 2) Martin, Grant

3) Macdonald, Scott 4) Kelly, Chance

5 Olympic College A 4:07.43

1) Hegarty, Tiernan 2) Vertefeuille, Wyatt

3) Clough, Ryan 4) Armbruster, Garrett

Men High Jump

Name	School	Finals
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Flight 1

1 Hightower, Dakarai Unattached 1.97m

2 Greenlee, Manu Green River 1.92m

3 Atkinson, Nathan Pacific Luth J1.72m

3 Boyd, Andrew Saint Martin J1.72m

3 Hunt, Ian Evergreen St J1.72m

3 Walter-Goodspeed, Ethan Green River J1.72m

7 Vertefeuille, Wyatt Olympic Coll 1.67m

Men Pole Vault

Name	School	Finals
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Flight 1

1 Solomon, Corey Pacific Luth 4.60m

2 Bowman, Brad Seattle Paci J4.00m

2 Alfred, Andrew Saint Martin J4.00m

4 Armbruster, Garrett Olympic Coll 3.85m

5 Leahy, Blake Pacific Luth 3.70m

6 Forbes, Drew Pacific Luth J3.25m

6 Lemma, Grady Pacific Luth J3.25m

--- Lee, Kainoa Seattle Paci NH

Men Long Jump

Name	School	Finals
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Flight 1

1 Brenek, Lucas Western Wash 6.11m 1.3

2 Klein, Drew Central Wash 6.10m +0.0

3 Chaffin, Darius Pacific Luth 6.01m +0.0

4 Greenlee, Manu Green River 5.86m +0.0

5 Chhim, Sonny Western Wash 5.75m 0.7

6 Heupel, Kaden Green River 5.56m +0.0

7 Vertefeuille, Wyatt Olympic Coll 5.47m NWI

8 Sisneros-Barber, Warren Puget Sound 5.26m +0.0

Flight 2

1 Schulz, Josh Saint Martin 6.71m +0.0

2 Carter, Markell Everett CC 6.37m -0.8

3 Schulz, Andrew Saint Martin 6.23m -0.6

4 Claxton, Cooper Pacific Luth 6.17m 0.4

5 Bardwell, Julian Saltar Hombr 6.13m +0.0

6 Hines, Christopher Central Wash 6.06m +0.0

7 Walter-Goodspeed, Ethan Green River 5.89m +0.0

Men Triple Jump

Name	School	Finals
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Flight 1

1 Carter, Markell Everett CC 13.39m +0.0

2 Greenlee, Manu Green River 12.81m -0.4

3 Claxton, Cooper Pacific Luth 12.35m 0.4

Men Shot Put

Name	School	Finals
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Flight 1

1 Jones, Omar Green River 11.66m

2 Hawley, Gavin Pacific Luth 11.09m

PLU Open - 3/12/2022
Pacific Lutheran Track
Results - day of meet

Flight 1 ... (Men Shot Put)

	Name	School	Finals
3	Fournier, George	Puget Sound	10.98m
4	Smith, Aaron	Puget Sound	10.75m
5	Holmes, Darius	Seattle Paci	10.16m
6	Ta'avili, Thomas	Pacific Luth	10.15m
7	Williamson, Quinn	Puget Sound	10.10m
8	Budnek, Zach	Pacific Luth	9.73m
9	Bridges, Mason	Puget Sound	9.14m
10	Minamiji, Aidan	Puget Sound	8.93m
11	Vertefeuille, Wyatt	Olympic Coll	8.12m
12	Morningdove, Aidan	Puget Sound	7.83m
---	Silberman, Oliver	Olympic Coll	FOUL

Flight 2

1	Poller, Colton	Unattached	15.34m
2	Malquist, Ben	Western Wash	15.19m
3	Real, Masum	Pacific Luth	14.19m
4	Au-Haupt, Micah	Saint Martin	13.96m
5	Franklin, Wyatt	Central Wash	13.08m
6	Lee, Jerrod	Western Wash	12.74m
7	Fairbairn, Larson	Pacific Luth	12.70m
8	Beaton, Angus	Central Wash	12.39m
9	Campbell, Miller	Olympic Coll	11.90m
10	Engel, Sebastian	Olympic Coll	11.49m
---	Tayon, Wyatt	Pacific Luth	FOUL

Men Discus Throw

	Name	School	Finals
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Flight 1

1	Engel, Sebastian	Olympic Coll	34.52m
2	Budnek, Zach	Pacific Luth	32.58m
3	Bruss, Logan	Everett CC	30.73m
4	Smith, Aaron	Puget Sound	28.78m
5	Lemma, Grady	Pacific Luth	27.46m
6	Williamson, Quinn	Puget Sound	27.16m
7	Davis, Nathan	Olympic Coll	26.09m
8	Minamiji, Aidan	Puget Sound	25.90m
9	Silberman, Oliver	Olympic Coll	25.87m
10	Morningdove, Aidan	Puget Sound	25.67m
11	Irish, Andrew	Evergreen St	24.22m

Flight 2

1	Poller, Colton	Unattached	57.29m
2	Franklin, Wyatt	Central Wash	45.25m
3	Malquist, Ben	Western Wash	44.99m
4	Fairbairn, Larson	Pacific Luth	43.60m
5	Real, Masum	Pacific Luth	43.48m
6	Tayon, Wyatt	Pacific Luth	39.94m
7	Campbell, Miller	Olympic Coll	38.72m
8	Young, Omar	Central Wash	38.58m
9	Au-Haupt, Micah	Saint Martin	38.52m
10	Fournier, George	Puget Sound	33.01m
11	Hawley, Gavin	Pacific Luth	32.06m
12	Jones, Omar	Green River	32.02m
13	Bridges, Mason	Puget Sound	30.19m

Men Hammer Throw

	Name	School	Finals
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Flight 1

1	Franklin, Wyatt	Central Wash	40.91m
2	Hawley, Gavin	Pacific Luth	30.63m
3	Williamson, Quinn	Puget Sound	29.71m
4	Davis, Nathan	Olympic Coll	29.26m
5	Ta'avili, Thomas	Pacific Luth	27.21m
6	Bridges, Mason	Puget Sound	26.99m
7	Silberman, Oliver	Olympic Coll	25.55m
8	Morningdove, Aidan	Puget Sound	13.96m
---	Minamiji, Aidan	Puget Sound	FOUL

Flight 2

1	Campbell, Miller	Olympic Coll	51.55m
2	Beaton, Angus	Central Wash	51.26m
3	Peralta, Noa	Saint Martin	47.35m
4	Fairbairn, Larson	Pacific Luth	46.92m
5	Lee, Jerrod	Western Wash	45.61m
6	Au-Haupt, Micah	Saint Martin	40.44m
7	Reece, Francesco	Saint Martin	40.22m
8	Real, Masum	Pacific Luth	37.52m
9	Fournier, George	Puget Sound	31.88m
10	Engel, Sebastian	Olympic Coll	31.82m

Men Javelin Throw

	Name	School	Finals
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Flight 1

1	Chaffin, Darius	Pacific Luth	53.88m
2	Tryon, Jaydon	Western Wash	53.21m
3	Koehn, Kacey	Northwest U.	51.55m
4	Witters, Sean	Western Wash	49.26m
5	Sevilla, Christopher	Unattached	48.25m
6	Carrigan, Caden	Everett CC	47.19m
7	Danaan-Devas, Bjorn	Evergreen St	46.07m
8	Klein, Drew	Central Wash	42.13m
9	Williamson, Quinn	Puget Sound	36.90m
10	Gutierrez, Ismael	Puget Sound	33.13m
11	Smith, Aaron	Puget Sound	30.19m
12	Yu, Keegan	Green River	26.89m
---	Blevins, Brennon	Pacific Luth	FOUL