



WWU OUTDOOR TRACK & FIELD



WWU TRACK & FIELD OUTDOOR RECORDS

// Through End of 2024 Season //

MEN'S EVENT	NAME	TIME/DISTANCE	YEAR
100 Meter Dash	Alex Donigian	10.22	2015
200 Meter Dash	Alex Donigian	20.93	2016
400 Meter Dash	Marc Hill	47.25	1994
800 Meter Run	Drew Weber	1:49.34	2023
1500 Meter Run	Mac Franks	3:42.22	2022
Mile Run	Mac Franks	4:03.64	2022
3000 Meter Run	Jordan Welling	8:24.61	2010
5000 Meter Run	Kevin McDermott	13:57.89	2024
10,000 Meter Run	Ryan Clough	29:35.91	2024
Marathon	Bruce Manclark	2:22:30.0	1978
110 Meter Hurdles	Travis Milbrandt	14.19	2016
400 Meter Hurdles	Mike Vorce	51.9y (51.74)	1973
2000 Meter Steeplechase	Eric Brill	6:11.1	2012
3000 Meter Steeplechase	Jeret Gillingham	8:45.40	2024
4x100 Meter Relay	Ryan Greenwalt, Ethan Johnson	41.11	2024
	Nolan Mickenham, Lucas Brenek		
4x400 Meter Relay	Jon Poolman, Nathan Schmidt, Jason Nokes, Devon Smith	3:14.15	2013
4x800 Meter Relay	Oscar Myre IV, Devin Kemper, Kahn Khabra, Kurt Grichel	7:39.2	1997
Distance Medley Relay	Devin Kemper, Lewis McCulloch Lance Latimer, Erik Meyer	10:12.1	1998
1600 Meter Race Walk	Allen James	7:22.1	1985
2000 Meter Race Walk	Allen James	8:44.6	1986
3000 Meter Race Walk	Tony Engelhardt	13:18.5	1988
5000 Meter Race Walk	Tony Engelhardt	22:18.2	1989
10,000 Meter Race Walk	Tony Engelhardt	44:56.0	1989
Long Jump	Brett Watson	7.36m/24-1 ¾	2015
Triple Jump	Jerry Hopper	15.17m/49-9 ¼	1988
High Jump	Nathan Lindeman	2.14m/7-0 ¾	2001
Pole Vault	Ryan Brown	5.40m/17-8 ½	2010
Shot Put	Frank Catelli	18.55m/60-10 ½	2014
Discus	Ryan Macdonald	54.07m/177-4	2015
Javelin (1986 spec.)	Slater Hirst	70.23m/230-5	2015
Hammer	Michael Hoffman	62.87m/206-3	2011
Decathlon	Alex Harrison	6,772 points	2012
WOMEN'S EVENT	NAME	TIME/DISTANCE	YEAR
100 Meter Dash	Caitlyn Cheney	11.63	2024
200 Meter Dash	Hollie Watson	24.32	1987
400 Meter Dash	Ellie Siler	54.59	2009
800 Meter Run	Marian Ledesma	2:08.94	2024
1500 Meter Run	Haley O'Connor	4:29.71	2015
Mile Run	Mia Crocker	4:52.95	2022
3000 Meter Run	Sarah Porter	9:35.75	2011
3000 Meter Race Walk	Kathleen Law	15:17.16	1996
5000 Meter Run	Sarah Porter	15:57.02	2011
10,000 Meter Run	Sarah Porter	33:17.39	2011
Marathon	Lisa Riedel	2:55:36.0	1982
100 Meter Hurdles	Wendy Taylor	13.7	1973
400 Meter Hurdles	Heidi Dimmitt	1:00.31	2009
2000 Meter Steeplechase	Katelyn Steen	6:56.78	2014
3000 Meter Steeplechase	Ila Davis	10:11.97	2024
800 Meter Medley Relay	Kay Archer, Diana Holly, Lola Johnston, Kathy Miller	1:46.84	1984
4x100 Meter Relay	Annabelle Heiman, Caitlyn Cheney	46.80	2024
	Hannah Polkinghorn, Anna Miller		
4x400 Meter Relay	Shannon Anderson, Louise Bomars Sydney Green, Alicia Jones	3:47.37	1997
4x800 Meter Relay	Dawn Graham, Janis Swanson, Carla Randall, Bethany Ryals	9:14.37	1981
Discus	Jessica Telleria	47.61m/156-2	2006
Shot Put	Katie Potts	14.14m/46-4 ¾	2024
Long Jump	Tonya Bjornsson	5.91m/19-4 ¾	2014
Triple Jump	Emily Warman	12.37m/40-7	2012
High Jump	Maddie Taylor	1.74m/5-8 ½	2019
Javelin	Katie Reichert	54.97m/180-4	2016
Hammer	Lindsay Wells	55.58m/182-4	2014
Pole Vault	Anna Paradee	4.01m/13-1 ¾	2017
Heptathlon	Sarah Hiss	4,748 points	2000

Legend:

Mark set during 2024 outdoor season

WESTERN WASHINGTON UNIVERSITY

OUTDOOR TRACK & FIELD MEN'S TOP 10

// Through End of 2024 Season //

100 Meters

1.	10.22	Alex Donigian	2015
2.	10.33	Karlington Anunagba	2019
3.	10.35	Nolan Mickenham	2024
4.	10.52	Noah Johnson	2023
5.	10.54	Ethan Johnson	2024
6.	10.60	Fred Pulphus	1986
	10.60	Dan Lewis	1995
8.	10.75	Alex Tilley	2010
9.	10.76	Coby Dilling	1997
10.	10.79	Ryan Greenwalt	2021

200 Meters

1.	20.93	Alex Donigian	2016
2.	21.40	Marc Hill	1994
3.	21.68	Karlington Anunagba	2019
4.	21.70	Bryant Welch	2022
5.	21.74	Brian Le	2023
6.	21.75	Nolan Mickenham	2023
7.	21.77	Alex Tilley	2012
8.	21.79	Mike Lynch	1998
9.	21.81	Ryan Greenwalt	2024
	21.7y	Dave Anderson	1967 (21.81)
	21.7y	Jim Magee	1971 (21.81)

400 Meters

1.	47.25	Marc Hill	1994
2.	47.82	Jon Poolman	2013
3.	47.85	Bryant Welch	2022
4.	48.05	Lucas Brenek	2024
5.	48.20	Devon Smith	2013
6.	48.28	Ryan McArthur	2017
7.	48.35	Brian Le	2023
8.	48.36	Fred Pulphus	1985
9.	48.6y	Larry Anderson	1968 (48.46)
10.	48.52	Michael Dean	2007

800 Meters

1.	1:49.34	Drew Weber	2023
2.	1:49.84	Devin Kemper	2000
3.	1:50.05	Mac Franks	2022
4.	1:50.69	Jonah Bloom	2023
5.	1:50.74	Kurt Grichel	1997
6.	1:51.33	Keith Lemay	2008
7.	1:51.94	Will Henry	2023
	1:51.94	Kyler Sager	2018
9.	1:52.26	Erik Bies	2007
10.	1:52.37	Connor Palmen	2024

1,500 Meters

1.	3:42.22	Mac Franks	2022
2.	3:43.00	Calahan Warren	2022
3.	3:44.83	Drew Weber	2023
4.	3:46.44	Devin Kemper	2000
5.	3:46:54	Kevin McDermott	2024
6.	3:47.21	Anthony Tomsich	2009
7.	3:47.66	Todd Baerny	1990
8.	3:48.79	Craig Hanson	1990
9.	3:51.96	James Jasperson	2019
10.	3:52.35	Keith Lemay	2008

3,000 Meters

1.	8:24.61	Jordan Welling	2010
2.	8:25.7	Jeff Van Kleeck	1992
3.	8:33.3	Chris Bjarke	1982
4.	8:35.9	Rick Sherman	1986
5.	8:37.4	Bruce Cyra	1981
6.	8:38.26	Tabor Reedy	2013
7.	8:38.88	Kurt Hartmaier	2004
8.	8:40.0	Isaac Griffith	2015
9.	8:40.9	Steve Tollan	1986
10.	8:41.39	Ryan Peterson	2013

3,000 Meter Steeplechase

1.	8:45.50	Jeret Gillingham	2024
2.	8:52.50	Mac Franks	2022
3.	8:59.67	Matthew Lutz	2016
4.	9:01.36	Kaleb Korta	2021
5.	9:02.86	Mac Franks	2021
6.	9:04.90	Dylan Hayes	2019
7.	9:05.64	Andrew Wise	2016
8.	9:09.19	Jared Alderfer	2024
9.	9:09.25	Ian Fay	2018
10.	9:10.67	Kirby White	1989

5,000 Meters

1.	13:57.89	Kevin McDermott	2024
2.	14:10.43	Jordan Welling	2011
3.	14:13.90	Calahan Warren	2022
4.	14:17.12	Bennett Grimes	2011
5.	14:17.33	George Karamitsos	2023
6.	14:19.62	Ryan Clough	2024
7.	14:22.73	Andrew Oslin	2023
8.	14:23.32	Eric Hamel	2021
9.	14:27.07	Jeret Gillingham	2024
10.	14:31.86	Anthony Tomsich	2007

10,000 Meters

1.	29:35.91	Ryan Clough	2024
2.	29:40.69	George Karamitsos	2023
3.	29:41.91	Andrew Oslin	2023
4.	29:45.92	Jordan Welling	2010
5.	29:48.23	Kevin McDermott	2023
6.	29:54.66	Jeret Gillingham	2023
7.	29:54.94	Bennett Grimes	2011
8.	29:55.17	Calahan Warren	2021
9.	30:12.50	John Deremiah	1991
10.	30:14.91	Blake Medhaug	2010

Marathon

1.	2:22:30	Bruce Manclark	1978
2.	2:26:03	Jeff Coulter	1980
3.	2:26:19	Steve Pilcher	1978
4.	2:27:43	Mike Shaw	1974
5.	2:28:25	Mike Dubuc	1984
6.	2:28:50	Bud Willis	1978
7.	2:29:36	Brent Golden	1980
8.	2:31:15	Chris Bjarke	1979
9.	2:31:30	Fred New	1973
10.	2:31:32	Marty Brown	1979

110 Meter Hurdles

1.	14.19	Travis Milbrandt	2016
2.	14.46	Cordell Cummings	2021
3.	14.50	Koby Okezie	2022
4.	14.56	Logan Myers	2015
5.	14.3y	Mike Vorce	1974 (14.57)
6.	14.65	Hunter Flick	2021
7.	14.76	Jaden Edwards	2024
	14.76	Trey Cummings	1986
9.	14.83	Dave Woodward	1984
10.	14.84	Josh Freeman	2005

400 Meter Hurdles

1.	51.9y	Mike Vorce	1973 (51.74)
2.	51.77	Cordell Cummings	2019
3.	52.41	Nick Little	2000
4.	52.90	Maurice Woodring	2023
	52.90	John Kostogeanis	1980
6.	53.24	Peter Myers	1996
7.	53.46	Peter Maguire	2014
8.	53.75	Kevin Myhre	2008
9.	54.0	Trey Cummings	1986
10.	54.07	Reid Lovercamp	2018

5,000 Meter Walk

1.	22:18.2	Tony Engelhardt	1989
2.	22:41.2	Herman Nelson	1987
3.	22:45.0	Allen James	1986
4.	23:37.9	Colin Peters	1984
5.	25:33.0	Joel Pentland	1991
6.	25:56.0	Shawn Haynes	1990
7.	27:11.6	Mark Olsen	1991
8.	27:44.0	Don Wesley	1993
9.	30:54.2	Geoff Combs	1984

4x100 Meter Relay

1.	41.11	Greenwalt, E. Johnson, Mickenham, Brenek	2024
2.	41.13	Greenwalt, E. Johnson, Mickenham, Le	2024
3.	41.28	Brenek, Greenwalt, Mickenham, Fischer	2024
4.	41.35	Lewis, Dilling, Susee, Lynch	1997
5.	41.36	Steffen, Donigian, N.Schmidt, Poolman	2013
6.	41.40	Pangilinan, Gruger, Tilley, Steffen	2012
7.	41.51	Lewis, Dilling, Nelson, Lynch	1998
8.	41.52	E.Johnson, Mickenham, Greenwalt, N.Johnson	2023
	41.52	Binkerd, Donigian, Watson, Schmidt	2015
10.	41.72	Thomsen, Zackery, Gruger, Tilley	2010

4x400 Meter Relay

1.	3:14.15	Poolman, Schmidt, Nokes, D.Smith	2013
2.	3:15.7y	L.Anderson, Jackman, D.Anderson, Kuhlman	1968 (3:14.70)
3.	3:14.97	Hill, Armeni, Davis, Halberg	1993
4.	3:15.13	Little, Leavengood, Kemper, Lynch	2000
5.	3:16.4y	L.Anderson, Jackman, Tucker, Campbell	1967 (3:15.40)
6.	3:15.48	Poolman, Van Tuinen, Mcarthur, Smith	2014
7.	3:15.54	Cor. Cummings, Rinefort, Welch, Smith	2019
8.	3:15.71	Woodring, J. Edwards, Brenek, Le	2023
9.	3:15.86	R. Witters, Daniels, Brenek, Welch	2022
10.	3:15.93	Welch, Daniels, Brenek, Cor. Cummings	2021

4x800 Meter Relay

1.	7:39.20	Myre, Kemper, Khabra, K.Grichel	1997
2.	7:41.25	Ohenmus, Latimer, Kemper, Mcculloch	1998
3.	7:44.70	S.Grichel, K.Grichel, J.Goesling, Myre	1995
4.	7:46.30	S.Grichel, K.Grichel, Reyier, Myre	1994
5.	7:46.71	K.Grichel, Mcculloch, Myre, Oglione	1996
6.	7:51.00	Salzman Relays	1982
7.	7:53.00	Dolese, Underhill, Bjarke, Weigel	1984
8.	7:55.20	Dubac, Kinderis, Dobias, Cyra	1981
9.	7:56.40	Salzman Relays	1987
10.	7:57.10	Simon Fraser	1990

High Jump

1.	2.14m	7-0 ¼	Nathan Lindeman	2001
2.	2.09m	6-10 ¼	Kurt Hanson	1984
3.	2.08m	6-10	Eric Green	2000
	2.08m	6-9 ¾	Brett Watson	2013
5.	2.06m	6-9	Tony Bash	1981
	2.06m	6-9	Todd Mcallister	1989
	2.06m	6-9	Tupre Wickliff	2018
8.	2.05m	6-8 ¾	Kyle McGillen	2006
	2.05m	6-8 ¾	Logan Myers	2014
10.	2.03m	6-8	Beau Sheeran	2022
	2.03m	6-8	Mike Scruggs	1984
	2.03m	6-8	Mark Murdzia	1985
	2.03m	6-8	Chris Herling	1989
	2.03m	6-8	Ron Olson	1992
	2.03m	6-8	Peter Geist	2006

Pole Vault

1.	5.40m	17-8 ½	Ryan Brown	2010
2.	5.00m	16-4 ¾	J.T. Konrad	2016
3.	4.85m	15-11	Jacob Hino	2016
	4.85m	15-11	Scott Romney	2006
5.	4.82m	15-9 ¾	Tyler Thornbrue	2007
6.	4.80m	15-9	Gordie Kordas	2017
	4.80m	15-9	Hunter Verner	2005
	4.80m	15-9	Cal Rosenberg	2012
9.	4.77m	15-8	Murray Giles	1984
10.	4.76m	15-7	Travis Spencer-Coye	1998

Legend:

Mark set during 2024 Outdoor Season

Long Jump

1.	7.36m	24-1 ¾	Brett Watson	2015
2.	7.33m	24-0 ¾	John Hunt	1966
3.	7.29m	23-11	Ethan Sterkel	2022
4.	7.21m	23-8	Shane Gruger	2012
5.	7.20m	23-7 ½	Seren Dances	2019
6.	7.19m	23-7 ¼	Kevin Yates	2013
7.	7.14m	23-5 ¼	David Tran	2021
	7.14m	23-5 ¼	Dick Perfrement	1965
9.	7.13m	23-4 ¾	Ryan Greenwalt	2023
10.	7.09m	23-3 ¼	Cecil Simms	1972

Triple Jump

1.	15.17m	49-9 ¼	Jerry Hopper	1988
2.	14.97m	49-1 ½	Gabe Menicke	2024
3.	14.74m	48-4 ½	Seren Dances	2023
4.	14.65m	48-0 ¾	Mark Seely	2016
	14.65m	48-0 ¾	Tim Clendaniel	2011
6.	14.61m	47-11 ½	John White	1973
7.	14.60m	47-11	Jay Wangsmo	1985
8.	14.50m	47-7	Troy Roberson	2024
9.	14.49m	47-6 ½	Christian Salas	1990
10.	14.34m	47-0 ¾	Dick Perfrement	1967

Shot Put

1.	18.55m	60-10 ½	Frank Catelli	2014
2.	16.94m	55-7	Scott Easley	1995
3.	16.76m	55-0	Ben Malquist	2021
4.	16.15m	53-0	Brandon Pless	2017
5.	16.14m	52-11 ½	Ben Elder	2010
6.	16.00m	52-6	Jacob Gilbert	2014
7.	15.87m	52-1	Kim Nix	1987
8.	15.78m	51-9 ¼	Bryce Bryant-Leat	2018
9.	15.76m	51-8 ¾	Dieter Vanarsdale	1977
10.	15.68m	51-5 ½	Nelson Westlin	2012

Discus

1.	54.07m	177-4	Ryan Macdonald	2015
2.	53.00m	173-11	Frank Catelli	2014
3.	51.37m	168-6	Brandon Pless	2017
4.	51.32m	168-4	Ben Elder	2010
5.	51.24m	168-1	Michael Hoffman	2012
6.	50.95m	167-2	Liam Wall	2024
7.	49.12m	161-2	Martin Rudy	1980
8.	48.98m	160-8	Steve Bernardy	2001
9.	48.72m	159-10	Kent Swallow	1955
10.	48.10m	157-10	Donavan Cunningham	2009

Hammer

1.	62.87m	206-3	Michael Hoffman	2011
2.	57.60m	188-11	Avery Lux	2020
3.	57.06m	187-2	Dennis James	1991
4.	56.02m	183-9	Angelo Ramos	2024
5.	55.91m	183-5	Miller Campbell	2024
6.	54.98m	180-4 ¾	Brandon Pless	2017
7.	54.36m	178-4	Martin Rudy	1980
8.	54.18m	177-9	Rod Ritter	1982
9.	53.00m	173-10	Kent Stoddard	1995
10.	52.38m	171-10	Bryan Lee	2016

Javelin

1.	70.23m	230-5	Slater Hirst	2015
2.	68.38m	224-4	Alex Barry	2018
3.	65.42m	214-7	Alex Harrison	2012
4.	64.70m	212-3	John Haskin	2015
5.	63-16m	207-3	Travis Huntsinger	2001
6.	63.05m	206-10	Spencer Claeys	2018
7.	62.66m	205-7	Jeff Neubauer*	1986
8.	62.20m	204-1	Justin Brewer	2005
9.	61.88m	203-0	Jakob Braunstein	2024
10.	61.86m	202-11	Costel David	2019

*javelin specifications changed in 1986

Decathlon

1.	6,772	Alex Harrison	2012
2.	6,743	Jeff Neubauer	1986
3.	6,682	Ian Rinefort	2019
4.	6,574	Blake Surina	1982
	6,574	Josh Freeman	2005
6.	6,500	Seren Dances	2018
7.	6,113	Trey Cummings	1986
8.	6,096	Ron Olson	1992
9.	6,056	Ryan Kenny	2023
10.	6,031	Michael Stralser	2015

WESTERN WASHINGTON UNIVERSITY OUTDOOR TRACK & FIELD WOMEN'S TOP 10

// Through End of 2024 Season //

100 Meters

1.	11.63	Caitlyn Cheney	2024
2.	11.93	Hollie Watson	1987
3.	12.00	Amy Cameron	1996
4.	12.08	Karlie Hurley	2021
5.	12.19	Annabelle Heiman	2024
	12.19	Hannah Bradley	2019
7.	12.20	Flo Mark-Booth	1992, 1993
	12.20	Marielle Stanton	1993
9.	12.23	Hannah Polkinghorn	2024
10.	12.27	Melissa Behrens	2003

200 Meters

1.	24.32	Hollie Watson	1987
2.	24.62	Caitlyn Cheney	2024
3.	24.65	Karlie Hurley	2021
4.	24.78	Savannah Smith	2019
5.	24.81	Hannah Bradley	2019
6.	24.99	Brandi Stevenson	1994
7.	25.13	Eleanor Siler	2012
8.	25.25	Dania Swosinski	2002
9.	25.31	Annabelle Heiman	2024
10.	25.37	Hannah Polkinghorn	2024

400 Meters

1.	54.59	Eleanor Siler	2009
2.	55.69	Brandi Stevenson	1994
3.	55.98	Kennedy Cook	2024
4.	56.10	Savannah Smith	2019
5.	56.43	Sydney Green	1997
6.	56.61	Shannon Anderson	1999
7.	56.80	Sydney Coffey	2013
8.	57.00	Karlie Hurley	2021
9.	57.10	Caitlyn Cheney	2024
10.	57.06	Dania Swosinski	2002

800 Meters

1.	2:08.94	Marian Ledesma	2024
2.	2:11.45	Rachael Johnson	2011
3.	2:11.56	Sophie Wright	2024
4.	2:12.79	Jeanna Setera	1984
5.	2:12.84	Danita Erickson	1992
6.	2:13.09	Kathy Miller	1987
7.	2:13.10	Emmy Kroontje	2024
8.	2:13.26	Mia Crocker	2024
9.	2:13.60	Janis Swanson	1981
10.	2:13.89	Courtney Olsen	2010

1,500 Meters

1.	4:29.71	Haley O'Connor	2015
2.	4:30.15	Brittany Grant	2017
3.	4:30.32	Sarah Porter	2011
4.	4:30.98	Katelyn Steen	2014
5.	4:31.47	Ila Davis	2024
6.	4:31.56	Mia Crocker	2023
7.	4:32.17	Sophie Wright	2024
8.	4:32.34	Courtney Olsen	2010
9.	4:32.70	Jennifer Eastman	1988
10.	4:33.80	Ashley Reeck	2023

2,000 Meter Steeplechase

1.	6:56.78	Katelyn Steen	2014
2.	7:43.65	Nina Laurinolli	2001
3.	7:52.30	Dana Morse	1998
4.	8:04.40	Lindsey Roberts	2000
5.	8:05.70	Teresa Herron	2000
6.	8:08.90	Dana Beaudry	2000
7.	8:14.59	Valerie Matthews	2007
8.	8:25.10	Marta Bednarczyk	2000
9.	8:25.80	Jenni Gordon	1998

3,000 Meter Steeplechase

1.	10:11.97	Ila Davis	2024
2.	10:13.01	Katelyn Steen	2015
3.	10:32.60	Brittany Grant	2017
4.	10:34.38	Ashley Reeck	2024
5.	10:35.32	Courtney Olsen	2010
6.	10:38.54	Haley O'Connor	2015
7.	10:58.11	Talia Dreicer	2019
8.	11:05.48	Laura Halsell	2024
9.	11:10.36	Evelyn Collins-Winn	2023
10.	11:11.32	Peyton Shinnick	2018

3,000 Meters

1.	9:35.75	Sarah Porter	2011
2.	9:38.76	Jennifer Eastman	1988
3.	9:39.50	Lisa Waltenburg	1991
4.	9:53.04	Ashlee Vincent	2003
5.	9:56.33	Genevieve Pfueller	1985
6.	10:03.43	Katelyn Steen	2014
7.	10:04.60	Cathy Kroll	1984
8.	10:06.51	Jennifer Campbell	1995
9.	10:11.90	Marilyn Thibodeau	1982
10.	10:12.50	Delores Montgomery	1985

5,000 Meters

1.	15:57.02	Sarah Porter	2011
2.	16:35.53	Katelyn Steen	2015
3.	16:46.17	Brittany Grant	2016
4.	16:59.08	Ashlee Vincent	2003
5.	17:02.41	Ashley Reeck	2024
6.	17:04.68	Taylor Guenther	2016
7.	17:06.10	Lisa Waltenburg	1991
8.	17:08.91	Ila Davis	2023
9.	17:11.88	Lauren Breihof	2010
10.	17:12.60	Genevieve Pfueller	1987

10,000 Meters

1.	33:17.39	Sarah Porter	2011
2.	35:53.99	Lauren Breihof	2010
3.	36:18.94	Meaera Nystrom	2024
4.	36:28.86	Sophia Galvez	2019
5.	36:29.29	Ashley Reeck	2024
6.	36:53.70	Laura Trevellyen	2004
7.	37:03.92	Ella Edens	2024
8.	37:10.77	Lisa Pearl	2003
9.	37:13.42	Emma Smith	2024
10.	37:16.26	Alexandra Laiblin	2018

Marathon

1.	2:55.36	Lisa Riedel	1982
2.	2:55.53	Renee Riedel	1982
3.	3:09.02	Sharon O'Dorman	1983
4.	3:10.19	Janet Pearson	1978
5.	3:10.19	Dani Tuell	1983
6.	3:12.50	Cathy Kroll	1983
7.	3:15.29	Lorna Whipple	1991
8.	3:18.24	Arlene Prather	1991
9.	3:21.16	Denise Holz	1990
10.	3:22.37	Andrea Nye	1995

100 Meter Hurdles

1.	13.70	Wendy Taylor	1973
2.	14.10	Amy Cameron	1997
3.	14.21	Tanya Bjornsson	2014
4.	14.25	Alyyah Dawkins	2021
5.	14.36	Michelle Howe	2012
6.	14.59	Kate Herber	2001
7.	14.67	Flo Mark	1992
8.	14.70	Brandi Stevenson	1996
9.	14.76	Claire Hansen	2018
10.	14.80	Louise Bomars	1998

400 Meter Hurdles

1.	60.31	Heidi Dimmitt	2009
2.	60.36	Brandi Stevenson	1994
3.	60.71	Janell Massey	1986
4.	1:01.46	Wendy Malich	1983
5.	1:01.86	Kristy Dunn	1987
6.	1:02.38	Louise Bomars	1998
7.	1:03.06	Michelle Howe	2012
8.	1:03.10	Deja Svastisalee	2016
9.	1:03.11	Brooke Mansfield	2023
10.	1:03.28	Amber Dodd	2014

3,000 Meter Walk

1.	15:17.16	Kathleen Law	1996
2.	16:16.10	Janell Englehardt	1995

4x100 Meter Relay

1.	46.80	Heiman, Cheney, Polkinghorn, A. Miller	2024
2.	46.90	Houplin, Howe, Brownell, Zukowski	2010
3.	47.24	McLean, Bradley, Smith, Sytsma	2018
4.	47.55	Mansfield, Miller, Polkinghorn, Cheney	2023
5.	47.74	Green, Graves, Cameron, Jones	1997
	47.74	McLean, Bradley, Smith, Allen	2017
7.	47.88	Dimmitt, Zukowski, Houplin, Siler	2009
8.	47.99	Allen, McLean, Smith, Systma	2017
9.	48.04	Reid, Swosinski, Burch, Behrens	2003
10.	48.06	V. Ivancic, Bjornsson, R. Ivancic, Coffey	2014

4x400 Meter Relay

1.	3:47.37	Anderson, Bomars, Green, Jones	1997
2.	3:48.67	Cheney, Heiman, Ke. Cook, Ledesma	2024
3.	3:49.70	Dimmitt, Brownell, O'Connell, Siler	2009
4.	3:49.71	Anderson, Ellingson, Tenace, Rose	1999
5.	3:50.05	Watson, Massey, Johnston, Miller	1986
6.	3:50.55	Powers, Setera, Johnston, Miller	1984
7.	3:51.17	Haynes, Massey, Johnston, Miller	1986
8.	3:52.31	Coffey, Bjornsson, Troupe, Dodd	2014
9.	3:53.09	Dimmitt, Thorton, O'Connell, Brownell	2008
10.	3:53.30	Hooson, Stevenson, Garrod, Green	1994

4x800 Meter Relay

1.	9:14.37	Swanson, Graham, Randal, Ryals	1981
2.	9:14.57	Powers, Setera, Ocken, Steele	1983
3.	9:24.98y	Jonassen, Davidson, Abbott, Petrovich	1980
4.	9:23.19	Graham, Ryals, Randall, Jonassen	1981
5.	9:28.20	5-1-81	1981
6.	9:28.71	Clancy, Heaton, Kelley, Tenace	1998
7.	9:28.60	District 1 Championships	1984
8.	9:30.20	District 1 Championships	1985
9.	9:37.50	Petrovich, Jonassen, Davidson, Abbott	1982
10.	9:41.50	Petrovich, Jonassen, Davidson, Simpson	1980

800m Sprint Medley Relay (100-100-200-400)

1.	1:46.84	Archer, Holly, Johnston, Miller	1984
2.	1:47.05	District 1 Championships 1986	1986
3.	1:47.10	Stanton, Mark-Booth, Mattson, Stevenson	1993
4.	1:47.50	District 1 Championships 5-12-84	1984
5.	1:47.81	Glen, Mark, Sandgren, Mattson	1992
6.	1:48.35	Miller, Haynes, Watson, Johnston	1986
7.	1:48.40	Steilberg, Holly, Johnston, Miller	1985
8.	1:49.10	Johnston, Haynes, Waston, Miller	1986
9.	1:49.67	Stanton, Mark-Booth, O'Neill, Mattson	1993
10.	1:49.98	Shelton, Setera, Archer, Powers	1983

High Jump

1.	1.74m	5-8 ½	Maddie Taylor	2019
2.	1.73m	5-8	Aliyah Dawkins	2021
	1.73m	5-8	Kristy Dees	1984
4.	1.71m	5-7 ¼	Miranda Osadchey	2016
	1.71m	5-7 ¼	Jennifer Schwartz	1983
	1.71m	5-7 ¼	Clara Cook	2009
	1.71m	5-7 ¼	Brittany Grandy	2012
8.	1.70m	5-7	Jessica Neal	2021
9.	1.67m	5-5 ¾	Natalie Svenvold	2002
	1.67m	5-5 ¾	Amanda Overdick	2010
	1.67m	5-5 ¾	Katelyn Wright	2013

Pole Vault

1.	4.01m	13-1 ¾	Anna Paradee	2017
2.	3.85m	12-7 ½	Karis Anderson	2012
3.	3.76m	12-4	Christy Miller	2009
4.	3.73m	12-2 ¾	Danielle Juarez	2004
5.	3.70m	12-1 ½	Cheyenna Pinley	2013
6.	3.67m	12-0 ½	Annie Tran	2024
	3.67m	12-0 ½	Sydney Mohlman	2024
8.	3.64m	11-11 ¼	Lexi Perry	2019
9.	3.57m	11-8 ½	Rachael Roberts	2018
10.	3.56m	11-8	Jewels Oliquiano	2017
	3.56m	11-8	Andrea Kreft	2005

Legend:

Mark set during 2024 Outdoor Season

Long Jump

1.	5.91m	19-4 ¾	Tanya Bjornsson	2014
2.	5.89m	19-4	Aliyah Dawkins	2021
3.	5.84m	19-2	Donna Larry	1982
	5.84m	19-2	Emily Warman	2012
5.	5.80m	19-0 ½	Matty Lagerwey	2022
6.	5.77m	18-11 ½	Christy Smith	1980
7.	5.75m	18-10 ½	Sarah Hiss	2000
8.	5.70m	18-8 ½	Karlle Hurley	2021
9.	5.65m	18-6 ½	Debbie Sandgren	1993
10.	5.63m	18-5 ¾	Jasmine McMullin	2017

Triple Jump

1.	12.37m	40-7	Emily Warman	2012
2.	12.27m	40-3 ¼	Jasmine McMullin	2017
3.	12.04m	39-6	Karlle Hurley	2021
4.	11.89m	39-8	Jane Wallace	1999
5.	11.83m	38-9 ¾	Aliyah Dawkins	2022
6.	11.76m	38-7	Devon Olson	2021
7.	11.58m	38-0	Kim Bascom	2006
8.	11.54m	37-10 ½	Emily Walters	2012
9.	11.53m	37-10	Jennifer Golden	1994
10.	11.46m	37-7 ¼	Shelly Borovich	1987

Shot Put

1.	14.14m	46-4 ¾	Katie Potts	2024
2.	13.56m	44-6	Sherie Schroeder	1998
3.	13.46m	44-2	Mara Parks	2024
4.	12.95m	42-6	Megan Mortensen	2016
5.	12.80m	42-0	Susan Jung	1998
6.	12.78m	41-11 ¼	Chanelle Eddy	2019
7.	12.72m	41-8 ¾	Celeste Hill	2001
8.	12.56m	41-2 ½	Maddy Grandbois	2024
9.	12.55m	41-2 ¼	Sarah Eddy	2000
10.	12.47m	40-11	Katherine Kernodle	1985

Discus

1.	47.61m	156-2	Jessica Telleria	2006
2.	47.36m	155-4	Megan Mortensen	2016
3.	46.67m	153-1	Katie Potts	2023
4.	46.27m	151-10	Sherie Schroeder	1998
5.	45.40m	148-11	Dee Balderson	1995
6.	44.04m	144-6	Chanelle Eddy	2018
7.	42.91m	140-9	Erica Rance	2008
8.	42.88m	140-8	Ashley VanOeveren	2005
9.	42.80m	150-5	Taliah Coe	2022
10.	42.74m	140-3	Maggie Roe	2014

Hammer

1.	55.58m	182-4	Lindsay Wells	2014
2.	52.45m	172-1	Raine Westfall	2023
3.	49.28m	161-8	Kristina MacCully	2005
4.	48.54m	159-3	Elizabeth Knope	2015
5.	47.85m	157-0	Kiana Schwendeman	2018
6.	46.79m	153-6	Mara Parks	2024
7.	46.66m	153-1	Katie Taylor	2007
8.	46.03m	151-0	Jessica Telleria	2004
9.	44.70m	146-8	Mattison Crook	2021
10.	44.19m	144-11	Katie Potts	2022

Javelin

1.	54.97m	180-4	Katie Reichert*	2016
2.	54.18m	177-9	Bethany Drake	2016
3.	50.74m	166-6	Joan Williamson**	1984
4.	49.85m	1632-6	Monika Gruszecki	2011
5.	48.68m	159-8	Bonna Schibret**	1979
6.	48.06m	157-8	Laura Kruse**	1998
7.	48.01m	157-6	Raquel Pellecer	2018
8.	47.62m	156-3	Amanda Short	2019
9.	47.62m	156-3	Mariah Horton	2016
10.	47.52m	155-11	Hannah Nienaber	2021

*out of season competition at 2016 Harry Jerome Track Classic
javelin specifications changed in 1999Heptathlon**

1.	4,748	Sarah Hiss	2000
2.	4,641	Brandi Stevenson	1996
3.	4,570	Kaylie Greninger	2017
4.	4,557	Jennifer Schwartz	1983
5.	4,543	Donna Larry	1982
6.	4,495	Matty Lagerwey	2023
7.	4,404	LeAnne Evans	2005
8.	4,359	Elizabeth Springborn	1995
9.	4,343	Clara Cook	2009
10.	4,305	Debbie Sandgren	1992