



# WWU INDOOR TRACK & FIELD



## WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD RECORDS

// Through end of 2024 Season //

MEN'S EVENT	NAME	TIME/DISTANCE	YEAR
55m	Theron Davis	6.65	1993
60m	Alex Donigian	6.72	2015
200m	Alex Donigian	21.63	2015
<b>400m</b>	<b>Brian Le</b>	<b>48.81</b>	<b>2024</b>
800m	Drew Weber	1:49.86	2023
<b>Mile</b>	<b>Kevin McDermott</b>	<b>4:02.13</b>	<b>2024</b>
<b>3,000m</b>	<b>Kevin McDermott</b>	<b>7:59.27</b>	<b>2024</b>
<b>5,000m</b>	<b>Kevin McDermott</b>	<b>13:50.77</b>	<b>2024</b>
60m Hurdles	Hunter Flick	8.07	2022
4x400 Meter Relay	Jon Poolman, Nathan Schmidt Ryan McArthur, Devon Smith	3:16.81	2014
Distance Medley Relay	Will Henry, Brian Le Jonah Bloom, Drew Weber	9:45.48	2023
High Jump	Beau Sheeran	2.10m/6-10.75	2022
Pole Vault	Ryan Brown	5.31m/17-5	2011
Long Jump	Ethan Sterkel	7.26m/23-10	2022
Triple Jump	Mark Seely	14.41m/47-3.5	2016
Shot Put	Frank Catelli	17.51m/57-5.5	2014
Weight Throw	Bryan Lee	17.78m/58-4	2020
Heptathlon	Seren Dances	5,069 Points	2020

WOMEN'S EVENT	NAME	TIME/DISTANCE	YEAR
55m	Flo Marks	7.58	1992
<b>60m</b>	<b>Caitlyn Cheney</b>	<b>7.66</b>	<b>2024</b>
200m	Eleanor Siler	25.03	2010
400m	Eleanor Siler	56.22	2011
<b>800m</b>	<b>Marian Ledesma</b>	<b>2:08.57</b>	<b>2024</b>
<b>Mile</b>	<b>Ila Davis</b>	<b>4:52.81</b>	<b>2024</b>
3,000m	Katelyn Steen	9:38.92	2015
5,000m	Sarah Porter	16:11.98	2011
55m Hurdles	Flo Marks	8.75	1993
60m Hurdles	Tanya Bjornsson	8.72	2014
4x400 Meter Relay	Eleanor Siler, Michelle Howe Megan O'Connell, Sarah Brownell	3:48.67	2010
<b>Distance Medley Relay</b>	<b>Sophie Wright, Caitlyn Cheney Emmy Kroontje, Ila Davis</b>	<b>11:27.45</b>	<b>2024</b>
High Jump	Miranda Osadchey	1.74m/5-8.5	2016
Pole Vault	Anna Paradee	3.92m/12-10.25	2017
Long Jump	Emily Warman	5.86m/19-2.75	2013
Triple Jump	Jasmine McMullin	12.68m/41-7.25	2018
<b>Shot Put</b>	<b>Katie Potts</b>	<b>13.82m/45-4.25</b>	<b>2024</b>
Weight Throw	Raine Westfall	16.75m/54-11.5	2023
Pentathlon:	Aliyah Dawkins	3,340 Points	2022

**Legend:**

Mark set during the 2024 Season



# TRACK & FIELD

# WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD MEN'S ALL-TIME TOP 10

// Through end of 2024 Season //

## 60 Meters

1.	Alex Donigian	6.72	2015
2.	<b>Ryan Greenwalt</b>	<b>6.83</b>	<b>2024</b>
3.	Alex Tilley	6.91	2011
4.	<b>Brian Le</b>	<b>6.94</b>	<b>2024</b>
5.	<b>Nolan Mickenham</b>	<b>6.95</b>	<b>2024</b>
6.	Tyrone Woodard	6.96	2023
	Augustine Agyei	6.96	2009
8.	Noah Johnson	6.97	2023
9.	Shane Gruger	7.00	2010
10.	Ethan Johnson	7.01	2023

## 200 Meters

1.	Alex Donigian	21.63	2015
2.	<b>Nolan Mickenham</b>	<b>21.75</b>	<b>2024</b>
3.	Bryant Welch	22.04	2022
4.	Nate Schmidt	22.09	2013
5.	Alex Binkerd	22.11	2015
6.	Jonathon Poolman	22.20	2013
7.	<b>Ryan Greenwalt</b>	<b>22.26</b>	<b>2024</b>
	Alex Tilley	22.26	2012
9.	Lucas Brenek	22.31	2022
	Myles Smith	22.31	2020

## 400 Meters

1.	<b>Brian Le</b>	<b>48.81</b>	<b>2024</b>
2.	Myles Smith	48.83	2020
3.	Jonathon Poolman	48.85	2013
4.	Bryant Welch	49.00	2022
5.	<b>Maurice Woodring</b>	<b>49.18</b>	<b>2024</b>
6.	Devon Smith	49.27	2013
7.	<b>Lucas Brenek</b>	<b>49.31</b>	<b>2024</b>
8.	Nate Schmidt	49.33	2013
9.	Ryan McArthur	49.64	2016
10.	Mark Daniels	49.65	2019

## 800 Meters

1.	Drew Weber	1:49.86	2023
1.	Mac Franks	1:50.07	2022
3.	Will Henry	1:52.08	2023
4.	Kyler Sager	1:53.29	2019
5.	Jonah Bloom	1:53.41	2023
6.	Connor Palmen	1:53.61	2023
7.	Cody McCranie	1:53.65	2015
8.	<b>Cole Riley</b>	<b>1:54.57</b>	<b>2024</b>
9.	Braden Timpe	1:54.74	2012
10.	Keith Lemay	1:54.84	2008

## Mile

1.	<b>Kevin McDermott</b>	<b>4:02.13</b>	<b>2024</b>
2.	Mac Franks	4:02.28	2022
3.	Drew Weber	4:05.70	2023
4.	Anthony Tomsich	4:07.06	2010
5.	Chip Jackson	4:07.95	2014
6.	Will Henry	4:10.17	2023
7.	<b>Sam Lingwall</b>	<b>4:10.89</b>	<b>2024</b>
8.	Bennett Grimes	4:13.18	2009
9.	Cody McCranie	4:13.66	2016
10.	Alec Ritter	4:15.70	2022

## 3000 Meters

1.	<b>Kevin McDermott</b>	<b>7:59.27</b>	<b>2024</b>
2.	Mac Franks	8:09.40	2022
3.	Ed Kiolbasa	8:16.73	2020
4.	Anthony Tomsich	8:16.85	2010
5.	<b>Sten Brakstad</b>	<b>8:17.67</b>	<b>2024</b>
6.	Jordan Welling	8:17.93	2011
7.	<b>Leo Rutledge</b>	<b>8:20.88</b>	<b>2024</b>
8.	<b>George Karamitsos</b>	<b>8:21.04</b>	<b>2024</b>
9.	Andrew Wise	8:23.18	2017
10.	<b>Ryan Clough</b>	<b>8:25.33</b>	<b>2024</b>

## 5000 Meters

1.	<b>Kevin McDermott</b>	<b>13:50.77</b>	<b>2024</b>
2.	Jordan Welling	14:11.10	2011
3.	Andrew Oslin	14:25.96	2023
4.	George Karamitsos	14:31.11	2023
5.	Ryan Clough	14:31.75	2023
6.	Ed Kiolbasa	14:36.45	2020
7.	Isaac Derline	14:39.22	2016
8.	Andrew Wise	14:39.59	2017
9.	Bennett Grimes	14:40.84	2009
10.	Jeret Gillingham	14:41.50	2023

## 60 Meter Hurdles

1.	Hunter Flick	8.07	2022
2.	Travis Milbrandt	8.08	2015
3.	Logan Myers	8.20	2015
4.	Peter Maguire	8.24	2014
5.	Koby Okezie	8.29	2020
6.	Cordell Cummings	8.31	2020
7.	<b>Jaden Edwards</b>	<b>8.38</b>	<b>2024</b>
8.	Tre'Von Powe	8.40	2016
9.	Jade Wilson	8.43	2016
10.	Dustin Wilson	8.44	2006

## 4x400 Meter Relay

1.	Poolman, Schmidt, McArthur, Smith	3:16.81	2014
2.	<b>Le, Windrope, Brenek, Greenwalt</b>	<b>3:17.11</b>	<b>2024</b>
2.	Pooman, Schmidt, Nokes, Smith	3:17.01	2013
3.	Welch, Daniels, Oglesby, Smith	3:17.49	2020
4.	<b>Le, Woodring, Brenek, Greenwalt</b>	<b>3:17.69</b>	<b>2024</b>
5.	Chhim, Daniels, Oglesby, Smith	3:17.76	2020
6.	Welch, Daniels, Brenek, Oglesby	3:19.03	2022
7.	Woodring, Greenwalt, Brenek, Le	3:19.20	2023
8.	Smith, Cummings, Okezie, Welch	3:20.13	2019
9.	Welch, Lovercamp, Longley, McArthur	3:20.49	2018
10.	Tilley, Grudzinski, Schick, Morales	3:20.71	2012

## Distance Medley Relay

1.	Henry, Le, Bloom, Weber	9:45.48	2023
2.	<b>Lingwall, Le, Bloom, McDermott</b>	<b>9:46.78</b>	<b>2024</b>
3.	McDermott, Welch, Weber, Franks	9:50.83	2022
4.	Weber, Le, Bloom, Henry	9:51.19	2023
5.	McDermott, Daniels, Sturdevant, Franks	9:54.13	2022
6.	Brancheau, Neff, Bies, Tomsich	9:55.00	2007
7.	Cossette, Daniels, Sager, Jasperson	9:57.56	2019
8.	Grimes, Tilley, Abraham, Tomsich	9:59.93	2010
9.	Cossette, Cummings, Sager, Jasperson	10:05.81	2019
10.	Abraham, Poolman, Timpe, Jackson	10:06.80	2012

**High Jump**

1.	Beau Sheeran	2.10m	6-10 <sup>3</sup> / <sub>4</sub>	2022
2.	Brett Watson	2.09m	6-10 <sup>1</sup> / <sub>4</sub>	2014
3.	Tupre Wickliff	2.06m	6-9	2020
4.	Logan Myers	2.05m	6-8 <sup>3</sup> / <sub>4</sub>	2014
5.	Ethan Sterkel	2.01m	6-7	2020
	Peter Geist	2.01m	6-7	2005
7.	Garrett Davies	2.00m	6-6 <sup>3</sup> / <sub>4</sub>	2019
8.	Jeff Word	1.98m	6-6	2006
	Karsten Schick	1.98m	6-6	2012
10.	Kevin Yates	1.96m	6-5	2013
	Keefe Brockman	1.96m	6-5	2010

**Long Jump**

1.	Ethan Sterkel	7.26m	23-10	2022
2.	Nate van Tuinen	7.21m	23-8	2017
3.	Brett Watson	7.19m	23-7 <sup>1</sup> / <sub>4</sub>	2015
4.	Kevin Yates	7.11m	23-4	2013
5.	<b>Troy Roberson</b>	<b>7.10m</b>	<b>23-3 <sup>1</sup>/<sub>2</sub></b>	<b>2024</b>
6.	Tim Clendaniel	7.09m	23-3 <sup>1</sup> / <sub>4</sub>	2010
7.	Seren Dances	7.02m	23-0 <sup>1</sup> / <sub>2</sub>	2019
8.	<b>Ryan Greenwalt</b>	<b>6.97m</b>	<b>22-10 <sup>1</sup>/<sub>2</sub></b>	<b>2024</b>
9.	Anthony Zachary	6.94m	22-9 <sup>1</sup> / <sub>4</sub>	2010
10.	Rudy Mataya	6.86m	22-6 <sup>1</sup> / <sub>4</sub>	2016
	Shane Gruger	6.86m	22-6 <sup>1</sup> / <sub>4</sub>	2010

**Triple Jump**

1.	Mark Seely	14.41m	47-3 <sup>1</sup> / <sub>2</sub>	2016
2.	Tim Clendaniel	14.34m	47-0 <sup>3</sup> / <sub>4</sub>	2013
3.	Somit Chhim	14.21m	46-7 <sup>1</sup> / <sub>2</sub>	2017
4.	Will Davis	14.20m	46-7 <sup>1</sup> / <sub>4</sub>	2010
5.	Nick Makrakis	14.13m	46-4 <sup>1</sup> / <sub>4</sub>	2019
6.	Jacob Ringold	14.11m	46-3 <sup>1</sup> / <sub>2</sub>	2019
7.	Seren Dances	14.07m	46-2	2019
8.	Gabe Menicke	14.04m	46-0 <sup>3</sup> / <sub>4</sub>	2023
	Keefe Brockman	14.04m	46-0 <sup>3</sup> / <sub>4</sub>	2010
10.	Tim Satterwhite	13.90m	45-4 <sup>1</sup> / <sub>4</sub>	2009

**Pole Vault**

1.	Ryan Brown	5.31m	17-5	2011
2.	Tyler Thornbrue	5.01m	16-5 <sup>1</sup> / <sub>4</sub>	2007
3.	J.T. Konrad	4.90m	16-0 <sup>3</sup> / <sub>4</sub>	2019
	Hunter Verner	4.90m	16-0 <sup>3</sup> / <sub>4</sub>	2005
5.	Scott Romney	4.89m	16-0 <sup>1</sup> / <sub>2</sub>	2006
6.	Bryan Lucke	4.83m	15-10	2007
7.	Gordie Kordas	4.81m	15-9 <sup>1</sup> / <sub>4</sub>	2017
8.	Cal Rosenberg	4.76m	15-7 <sup>1</sup> / <sub>4</sub>	2011
9.	Andy Behl	4.71m	15-5 <sup>1</sup> / <sub>2</sub>	2006
10.	Jacob Hino	4.66m	15-3 <sup>1</sup> / <sub>2</sub>	2016

**Shot Put**

1.	Frank Catelli	17.51m	57-5 <sup>1</sup> / <sub>2</sub>	2014
2.	Jacob Gilbert	16.12m	52-10 <sup>3</sup> / <sub>4</sub>	2014
3.	Brandon Pless	16.10m	52-10	2016
4.	Bryce Bryant-Leat	15.99m	52-5 <sup>1</sup> / <sub>2</sub>	2018
5.	Ben Malquist	15.94m	52-3 <sup>3</sup> / <sub>4</sub>	2020
	Ben Elder	15.94m	52-3 <sup>3</sup> / <sub>4</sub>	2010
7.	Dincer Kayhan	15.42m	50-7 <sup>1</sup> / <sub>4</sub>	2009
8.	<b>Noah Turner</b>	<b>15.24m</b>	<b>50-0</b>	<b>2024</b>
9.	Ryan McDonald	15.20m	49-10 <sup>1</sup> / <sub>2</sub>	2015
10.	Nelson Westlin	14.96m	49-1	2014

**35-lb. Weight Throw**

1.	Bryan Lee	17.78m	58-4	2020
2.	Brandon Pless	17.53m	57-6 <sup>1</sup> / <sub>4</sub>	2016
3.	Miller Campbell	17.48m	57-4 <sup>1</sup> / <sub>4</sub>	2023
4.	<b>Angelo Ramos</b>	<b>17.42m</b>	<b>57-2</b>	<b>2024</b>
	Michael Hoffman	17.42m	57-2	2011
6.	Avery Lux	16.67m	54-8 <sup>1</sup> / <sub>4</sub>	2020
7.	Ben Elder	15.94m	52-3 <sup>3</sup> / <sub>4</sub>	2010
8.	Jerrold Lee	15.01m	49-3	2022
9.	Bryant Michaelson	14.97m	49-1 <sup>1</sup> / <sub>2</sub>	2011
10.	Tyler Nichols	14.48m	47-6 <sup>1</sup> / <sub>4</sub>	2011

**Heptathlon**

1.	Seren Dances	5,069	2020
2.	Ian Rinefort	4,805	2019
3.	Tim Clendaniel	4,711	2010
4.	Ryan Kenny	4,571	2022
5.	Cooper Cummings	4,412	2020
6.	Josh Freeman	4,200	2005
7.	Nick Makrakis	4,169	2019
8.	Michael Strasler	4,051	2012
9.	Alex Harrison	4,002	2010
10.	Dylan Gordon	3,228	2013

**Legend:**

Mark set during the 2024 Season

# WESTERN WASHINGTON UNIVERSITY INDOOR TRACK & FIELD WOMEN'S ALL-TIME TOP 10

// Through end of 2024 Season //

## 60 Meters

1.	<b>Caitlyn Cheney</b>	<b>7.66</b>	<b>2024</b>
2.	<b>Annabelle Heiman</b>	<b>7.73</b>	<b>2024</b>
3.	Macie Allen	7.77	2017
4.	Hannah Bradley	7.80	2019
5.	Tanya Bjornsson	7.84	2013
6.	Veronica Ivancic	7.87	2013
7.	Kelsey McLean	7.89	2018
	Joana Houplin	7.89	2010
9.	Megan Zukowski	7.94	2010
	Sydney Coffey	7.94	2012

## 200 Meters

1.	Ellie Siler	25.03	2010
2.	Savannah Smith	25.07	2019
3.	Tanya Bjornsson	25.50	2013
4.	<b>Caitlyn Cheney</b>	<b>25.53</b>	<b>2024</b>
5.	Heidi Dimmitt	25.63	2009
6.	Hannah Bradley	25.66	2020
7.	Cheyenne Konrad	25.76	2016
8.	Megan Zukowski	25.82	2010
9.	<b>Hannah Polkinghorn</b>	<b>25.84</b>	<b>2024</b>
10.	Emily Sytsma	25.96	2018

## 400 Meters

1.	Ellie Siler	56.23	2009
2.	Savannah Smith	57.15	2018
3.	Sydney Coffey	57.46	2014
4.	<b>Caitlyn Cheney</b>	<b>57.86</b>	<b>2024</b>
5.	Sarah Brownell	57.92	2010
6.	Megan O'Connell	58.12	2009
7.	Gracia Reynolds	58.28	2016
8.	<b>Annabelle Heiman</b>	<b>58.56</b>	<b>2024</b>
9.	Emily Sytsma	58.59	2018
10.	Cheyenne Konrad	58.83	2016

## 800 Meters

1.	<b>Marian Ledesma</b>	<b>2:08.57</b>	<b>2024</b>
2.	Rachael Johnson	2:11.82	2009
3.	<b>Emmy Kroontje</b>	<b>2:12.70</b>	<b>2024</b>
4.	<b>Sophie Wright</b>	<b>2:14.36</b>	<b>2024</b>
5.	Shawna Troupe	2:15.74	2015
6.	Shawnee Konrad	2:16.60	2020
7.	Mia Crocker	2:17.05	2022
8.	Cheri Watson	2:17.64	2009
9.	Annika Taylor	2:17.73	2020
10.	<b>Elie Bassett</b>	<b>2:17.93</b>	<b>2024</b>

## Mile

1.	<b>Ila Davis</b>	<b>4:52.81</b>	<b>2024</b>
2.	<b>Sophie Wright</b>	<b>4:52.96</b>	<b>2024</b>
3.	Sarah Porter	4:56.37	2009
4.	Courtney Olsen	4:56.45	2010
5.	Katelyn Steen	4:59.41	2015
6.	<b>Mia Crocker</b>	<b>4:59.97</b>	<b>2024</b>
7.	Shawna Troupe	5:00.67	2016
8.	Haley O'Connor	5:04.20	2015
9.	<b>Ashley Reeck</b>	<b>5:06.12</b>	<b>2024</b>
10.	Lauren Breihof	5:06.65	2010

## 3000 Meters

1.	Katelyn Steen	9:38.92	2015
2.	Sarah Porter	9:44.31	2010
3.	<b>Ila Davis</b>	<b>9:45.70</b>	<b>2024</b>
4.	Brittany Grant	9:54.97	2017
5.	<b>Ashley Reeck</b>	<b>9:57.56</b>	<b>2024</b>
6.	Lillianna Stelling	10:05.08	2017
7.	Lauren Breihof	10:07.57	2011
8.	Rebecca Lehman	10:11.06	2020
9.	Tovah Swartz-Ireland	10:12.05	2020
10.	Tracy Melville	10:13.43	2016

## 5000 Meters

1.	Sarah Porter	16:11.98	2011
2.	Katelyn Steen	16:46.92	2015
3.	<b>Ashley Reeck</b>	<b>17:06.33</b>	<b>2024</b>
4.	Lauren Breihof	17:32.30	2010
5.	<b>Meaera Nystrom</b>	<b>17:36.32</b>	<b>2024</b>
6.	Brittany Grant	17:36.90	2016
7.	Sophia Galvez	17:37.16	2019
8.	Courtney Olsen	17:43.72	2010
9.	Lillianna Stelling	17:54.85	2017
10.	<b>Emma Smith</b>	<b>18:00.95</b>	<b>2024</b>

## 60 Meter Hurdles

1.	Tanya Bjornsson	8.72	2014
2.	Michelle Howe	8.89	2010
3.	Claire Hansen	9.09	2018
4.	Aliyah Dawkins	9.11	2022
5.	<b>Brooke Mansfield</b>	<b>9.14</b>	<b>2024</b>
6.	Alex McDonald	9.18	2013
7.	Matty Lagerwey	9.19	2023
8.	McKenna Hunt	9.20	2016
9.	<b>Naomi Bates</b>	<b>9.21</b>	<b>2024</b>
10.	Lindsay Lunderman	9.29	2007

## 4x400 Meter Relay

1.	Siler, Howe, O'Connell, Brownell	3:48.67	2010
2.	<b>Cheney, Heiman, K. Cook, Ledesma</b>	<b>3:51.26</b>	<b>2024</b>
3.	Dimmitt, O'Connell, Brownell, Siler	3:54.16	2009
4.	<b>Cheney, Ledesma, Heiman, Mansfield</b>	<b>3:54.77</b>	<b>2024</b>
5.	Konrad, Reynolds, Smith, V. Ivancic	3:55.08	2016
6.	Siler, Coffey, Ledtke, Zukowski	3:56.13	2011
7.	Siler, Howe, Coffey, Ledtke	3:57.50	2012
8.	Svastisalee, Smith, Foos, Sytsma	3:57.88	2018
9.	Smith, Svastisalee, Paige, Konrad	3:58.93	2016
10.	Coffey, Bjornsson, Dodd, Ledtke	4:00.16	2013

## Distance Medley Relay

1.	<b>Wright, Cheney, Kroontje, Davis</b>	<b>11:27.45</b>	<b>2024</b>
2.	Wright, Miller, Crocker, Davis	11:40.67	2023
3.	<b>Crocker, Heiman, Ledesma, Reeck</b>	<b>11:42.13</b>	<b>2024</b>
4.	Olsen, O'Connell, Johnson, Porter	11:46.27	2010
5.	Wright, Cheney, Crocker, Davis	11:47.47	2023
6.	<b>Crocker, Ledesma, Collins-Winn, Davis</b>	<b>11:50.82</b>	<b>2024</b>
7.	Johnson, Siler, O'Connell, Porter	11:53.23	2011
8.	Johnson, Siler, Olsen, Porter	11:57.17	2009
9.	Wright, Ledesma, Crocker, Davis	11:59.03	2023
10.	Lehman, Taylor, Konrad, Barr	12:10.58	2020

**High Jump**

1.	Miranda Osadchey	1.74m	5-8 ½	2016
2.	Maddie Taylor	1.73m	5-8	2019
	Brittany Grandy	1.73m	5-8	2012
4.	Aliyah Dawkins	1.72m	5-7 ¾	2020
5.	Clara Cook	1.66m	5-5 ¼	2007
6.	Jessica Neal	1.65m	5-5	2023
7.	Katelyn Wright	1.64m	5-4 ½	2015
	Heather Faretta	1.64m	5-4 ½	2019
9.	<b>Kora Cook</b>	<b>1.62m</b>	<b>5-3 ¾</b>	<b>2024</b>
10.	Bridget Henry	1.61m	5-3 ¼	2017
	Amanda Overdick	1.61m	5-3 ¼	2012

**Long Jump**

1.	Emily Warman	5.86m	19-2 ¾	2013
2.	Tanya Bjornson	5.82m	19-1 ¼	2014
3.	Jasmine McMullin	5.73m	18-9 ¾	2018
4.	Matty Lagerwey	5.60m	18-4 ½	2023
5.	Kim Bascom	5.58m	18-3 ¾	2007
6.	Aliyah Dawkins	5.54m	18-2 ¼	2020
7.	Hannah Polkinghorn	5.46m	17-11	2023
8.	Emily Walters	5.42m	17-9 ½	2013
9.	<b>Kora Cook</b>	<b>5.32m</b>	<b>17-5 ½</b>	<b>2024</b>
10.	Christy Miller	5.30m	17-4 ¾	2007

**Triple Jump**

1.	Jasmine McMullin	12.68m	41-7 ¼	2018
2.	Emily Warman	12.18m	39-11 ½	2010
3.	Devon Olson	11.63m	38-2	2020
4.	Kim Bascom	11.53m	37-8 ¾	2007
5.	Emily Walters	11.44m	37-6 ½	2013
6.	Megan Paulsen	11.38m	37-0 ¼	2008
7.	Christy Miller	11.09m	36-4 ¾	2008
8.	Matty Lagerwey	10.90m	35-9 ¼	2020
9.	Lainnie Lyamba	10.83m	35-6 ½	2022
	Jamie Sanford	10.83m	35-6 ½	2020

**Pole Vault**

1.	Anna Paradee	3.92m	12-10 ¼	2017
2.	Karis Anderson	3.90m	12-9 ½	2012
3.	Cheyanna Pinley	3.81m	12-6	2014
4.	Christy Miller	3.80m	12-5 ½	2009
5.	<b>Sydney Mohlman</b>	<b>3.73m</b>	<b>12-2 ¾</b>	<b>2024</b>
6.	Danielle Juarez	3.66m	12-0	2004
7.	Lexi Perry	3.53m	11-7	2020
8.	Hannah Dodson	3.52m	11-6 ½	2018
9.	Rachael Roberts	3.51m	11-6 ¼	2018
10.	Jewels Oliquiano	3.45m	11-3 ¾	2018
	Amanda DiEnno	3.45m	11-3 ¾	2010

**Shot Put**

1.	<b>Katie Potts</b>	<b>13.82m</b>	<b>45-4 ¼</b>	<b>2024</b>
2.	Mara Parks	12.72m	41-8 ¾	2023
3.	Megan Mortensen	12.69m	41-7 ¾	2016
4.	Tammy Carlson	12.45m	40-10 ¼	2005
5.	Maya McFadden	12.14m	39-10	2020
6.	Jasmine Kaufman	12.08m	39-7 ¾	2022
7.	C. Cleveland Barrera	11.98m	39-3 ¾	2022
8.	Chanelle Eddy	11.91m	39-1	2019
9.	Amanda Short	11.81m	38-9	2022
10.	Chelsea Sadler	11.78m	38-7 ¾	2007

**20-lb. Weight Throw**

1.	Raine Westfall	16.75m	54-11 ½	2023
2.	Katie Potts	16.07m	52-8 ¾	2023
4.	<b>Mara Parks</b>	<b>15.08m</b>	<b>49-5.75</b>	<b>2024</b>
5.	Lindsey Wells	14.85m	48-8 ¾	2013
6.	Megan MorPRTensen	14.79m	48-6 ¼	2017
7.	Mattison Crook	14.73m	48-4	2022
7.	Sophia Roberts	13.82m	45-4 ¼	2018
8.	Chanelle Eddy	13.78m	45-2 ½	2018
9.	<b>Dorothy Franklin</b>	<b>13.13m</b>	<b>43-1</b>	<b>2024</b>
10.	Kiana Schwendeman	12.95m	42-6	2018

**Pentathlon**

1.	Aliyah Dawkins	3,340	2022
2.	Katie Reichert	3,144	2013
3.	Matty Lagerwey	3,138	2022
4.	Kaylie Greninger	3,098	2016
5.	Michelle Howe	3,052	2012
6.	Leanne Kibbee	2,883	2022
7.	Brooklyn Holton	2,878	2011
8.	Emily Strasler	2,861	2014
9.	Nicole Avery	2,841	2023
10.	Maya McFadden	2,686	2019

**Legend:**

Mark set during the 2024 Season