

2021 GNAC Cross Country Championships - 10/23/2021**Host Saint Martin's University (Lacey WA)****Results****Event 1 Men 8k Run CC**

Name	Year School	Finals	Points
Results - Men			
1 Ahl, Aaron	Simon Fraser	24:21.80	1
2 Nash, Cole	Alaska Anchorage	24:22.90	2
3 Dannatt, Charlie	Simon Fraser	24:32.80	3
4 Tidwell, Dylan	Northwest Nazarene	24:35.90	4
5 Moos, Jacob	Alaska Anchorage	24:42.40	5
6 Franks, Macauley	Western Washington	24:45.30	6
7 Farrell, John	Saint Martin's	24:46.00	7
8 Gillingham, Jeret	Western Washington	24:48.50	8
9 Arndt, Scott	Simon Fraser	24:49.50	9
10 Villar, Miguel	Western Oregon	24:51.70	10
11 Daos, Keanu	Western Oregon	24:55.70	11
12 Ritter, Alec	Western Washington	24:56.80	12
13 Shea, Tyler	Northwest Nazarene	24:57.10	13
14 Javurek, Jalen	Western Washington	24:58.60	14
15 McDermott, Kevin	Western Washington	25:00.00	15
16 Ackerman, Ase	Msu Billings	25:00.70	16
17 Smith, Bailey	Western Oregon	25:03.20	17
18 Mekonnen, Ephrem	Simon Fraser	25:06.50	18
19 Good, Aiden	Simon Fraser	25:07.90	19
20 Kemboi, Felix	Alaska Anchorage	25:12.30	20
21 Koech, Nickson	Alaska Anchorage	25:15.10	21
22 Brinkman, Sebastian	Simon Fraser	25:16.00	22
23 Rambo, Tim	Western Oregon	25:27.60	23
24 Jessop, Carson	Msu Billings	25:28.40	24
25 Korta, Kaleb	Western Washington	25:31.00	25
26 Sands, Sean	Western Washington	25:32.20	26
27 Clough, Shawn	Central Washington	25:33.40	27
28 Straus, Logan	Msu Billings	25:36.50	28
29 Castro, Jose	Simon Fraser	25:43.30	29
30 Boutin, Colin	Seattle Pacific	25:43.40	30
31 Ruckman-Utting, Henry	Simon Fraser	25:49.00	
32 Allen, Trevor	Central Washington	25:51.80	31
33 Weber, Drew	Western Washington	25:54.50	
34 Sundt, Zack	Central Washington	25:57.40	32
35 Ophoff, Mike	Alaska Fairbanks	26:02.50	33
36 Conley, Treyson	Northwest Nazarene	26:04.40	34
37 Klus, Emmett	Western Oregon	26:06.00	35
38 Pagente, Kainalu	Saint Martin's	26:07.10	36
39 Gill, Rajesh	Central Washington	26:08.10	37
40 Milodragovich, Henry	Central Washington	26:13.20	38
41 Davies, Joe	Alaska Fairbanks	26:16.80	39
42 Edgerton, Bryant	Msu Billings	26:18.70	40
43 Emerson, Chandler	Northwest Nazarene	26:21.90	41
44 Davis-Frankfort, Cedar	Western Oregon	26:26.20	42
45 Owen, Jon	Seattle Pacific	26:28.70	43
46 Harwell, Michael	Saint Martin's	26:30.50	44
47 Knowles, Brock	Western Washington	26:33.10	
48 Rivera, Mateo	Central Washington	26:33.50	45
49 LeBlanc, Brennan	Seattle Pacific	26:39.70	46
50 Mckenney, Dustyn	Western Oregon	26:42.70	47
51 McIver, Nick	Western Washington	26:46.50	
52 Ahl, Braden	Simon Fraser	26:56.00	

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6	Central Washington	165	27	31	32	37	38	45	50
	Total Time: 2:09:43.90								
	Average: 25:56.78								
7	Msu Billings	168	16	24	28	40	60	64	
	Total Time: 2:10:35.50								
	Average: 26:07.10								
8	Saint Martin's	190	7	36	44	49	54	55	56
	Total Time: 2:11:41.80								
	Average: 26:20.36								
9	Alaska Fairbanks	224	33	39	48	51	53	65	
	Total Time: 2:13:40.80								
	Average: 26:44.16								
10	Seattle Pacific	228	30	43	46	52	57	61	
	Total Time: 2:13:36.40								
	Average: 26:43.28								

2021 GNAC Cross Country Championships - 10/23/2021**Host Saint Martin's University (Lacey WA)****Results****Event 2 Women 6k Run CC**

Name	Year School	Finals	Points
Results - Women			
1 Willett, Olivia	Simon Fraser	21:27.30	1
2 Fordham, Rosie	Alaska Fairbanks	21:33.10	2
3 Kramer, Kendall	Alaska Fairbanks	21:34.50	3
4 Bailey, Naomi	Alaska Fairbanks	21:45.00	4
5 Garcia, Luz	Western Oregon	21:48.50	5
6 Cameron, Kate	Simon Fraser	21:54.60	6
7 Andrews-Paul, Alison	Simon Fraser	22:00.40	7
8 Roxby, Megan	Simon Fraser	22:02.40	8
9 Esvelt, Annika	Seattle Pacific	22:06.30	9
10 Chilton, Emily	Simon Fraser	22:15.10	10
11 Wedin, Brook	Western Washington	22:26.10	11
12 Heldt, Caitlin	Western Oregon	22:27.40	12
13 Aquino, Brittany	Western Washington	22:30.70	13
14 Davis, Ila	Western Washington	22:31.40	14
15 Belton, Kalen	Northwest Nazarene	22:33.20	15
16 Marion, Ella	Simon Fraser	22:34.30	16
17 Prangle, Charlotte	Simon Fraser	22:39.50	17
18 Chalk, Grace	Simon Fraser	22:40.70	
19 Konrad, Shawnee	Western Washington	22:44.40	18
20 LaMar, Julia	Northwest Nazarene	22:46.40	19
21 Rising, Ellie	Seattle Pacific	22:47.00	20
22 Crocker, Mia	Western Washington	22:47.70	21
23 Palko, Eugenia	Western Washington	22:47.90	22
24 Stoppel, Kailee	Msu Billings	22:49.40	23
25 Noort, Claire	Simon Fraser	22:49.70	
26 Walchak-Sloan, Cassidy	Saint Martin's	22:49.80	24
27 Sabra, Sara	Saint Martin's	22:56.50	25
28 Zock, Delainey	Alaska Fairbanks	22:56.70	26
29 Jeptoo, Nancy	Alaska Anchorage	23:09.50	27
30 Kalisch, Milena	Simon Fraser	23:10.60	
31 Wright, Sophie	Western Washington	23:11.70	28
32 Cantu, Kaylin	Western Oregon	23:30.30	29
33 Chapman, Katie	Western Oregon	23:33.30	30
34 Child, Madison	Central Washington	23:47.50	31
35 Yorges, Nicki	Seattle Pacific	23:50.20	32
36 Washenberger, Kelsey	Seattle Pacific	23:52.40	33
37 Collins, Sophia	Western Washington	23:53.40	
38 Roe, Bailey	Alaska Anchorage	23:58.80	34
39 Lester, Kay	Central Washington	24:04.30	35
40 Kipsanai, Joan	Alaska Anchorage	24:05.40	36
41 McMahon, Emily	Northwest Nazarene	24:05.50	37
42 Larson, Lindie	Western Oregon	24:07.90	38
43 Hartley, Naomi	Saint Martin's	24:21.40	39
44 Woods, Kendra	Msu Billings	24:26.00	40
45 Nyamasyo, Alfin	Alaska Anchorage	24:28.60	41
46 Earnest, Sage	Northwest Nazarene	24:28.70	42
47 Saucedo, Alisha	Saint Martin's	24:29.00	43
48 Whitmer, Ally	Msu Billings	24:29.60	44
49 Gohr, Caitlin	Central Washington	24:35.10	45
50 Strate, Katelynn	Central Washington	24:35.50	46
51 Massey, Meredith	Central Washington	24:39.50	47
52 Cochran, Tailer	Central Washington	24:40.50	48

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6 Northwest Nazarene	163	15	19	37	42	50	54	61
Total Time: 1:58:43.70								
Average: 23:44.74								
7 Alaska Anchorage	189	27	34	36	41	51	52	64
Total Time: 2:00:34.80								
Average: 24:06.96								
8 Saint Martin's	191	24	25	39	43	60	65	66
Total Time: 2:00:31.70								
Average: 24:06.34								
9 Central Washington	204	31	35	45	46	47	48	49
Total Time: 2:01:41.90								
Average: 24:20.38								
10 Msu Billings	221	23	40	44	56	58	59	62
Total Time: 2:02:32.50								
Average: 24:30.50								